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THE TYSON ZONE
REMINISCING ABOUT TUPAC SHAKUR {page 18}

PARIS
VEGAS POLICE DEFEND RELEASE
DISH {page 25}

OTTAWA metro®
Wednesday, September 8, 2010
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Feds take aim at human trafficking

- Government teams with RCMP, Crime Stoppers in unveiling 'Blue Blindfold' campaign to raise awareness
- Program comes in wake of a Tamil refugee ship's arrival on the West Coast, warnings of more on the way

The federal government is teaming up with the Mounties and Crime Stoppers to raise awareness about human trafficking.

Public Safety Minister Vic Toews says Crime Stoppers will join his department and the RCMP to tell people about human trafficking and how to report suspicious activity. Toews, speaking in Winnipeg, said the "Blue Blindfold" campaign will help Canadians fight a "disturbing" crime.

He said victims of human trafficking are often coerced into working for the criminals who bring them into the country.

"Victims are forced, often through violence and threats, to provide their services or labour because of their fear of their safety," he said. "The majority are forced to work in the sex industry and are led to a life of exploitation, deprived of basic human rights. Most are women and children and their cases often go unnoticed and unreported due to threats from offenders, language barriers or mistrust of authorities." THE CANADIAN PRESS

Election race. Heating up

▶ After a slow start to the 2010 mayoral race, campaigns have kicked into high gear. Jim Watson, above, and Clive Doucet both released platforms yesterday. Watson and Larry O'Brien will both hold kickoff events tonight. More coverage, pages 2, 4.

TIM WIECLAWSKI/METRO OTTAWA

City candidates get onto the platform

Movies

Have we seen this before?

- Fall movie season seems to follow a familiar formula {page 16}

Away from South Beach

Miami has more to offer than glitz and glamour {page 27}

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1 news

Doucet vows new vision for light rail

Doucet guarantees that if elected mayor and he gets his LRT plan on the table, it will be endorsed

'If we can find $3 billion for a tunnel, we can find less than $2 billion for a citywide system,' he says

The city can't afford to wait another two decades for a new transit system, said a mayoral candidate.

"We need to improve our level of service and we need to do this now, not in 20 years," said Clive Doucet, who unveiled his transportation plan yesterday. "Right now, we have two levels of service in the city — one for those who live near the Transitway, and one for everyone else."

Ottawa faces a critical east-west traffic problem, he said. "Especially on the Queensway ... Building a downtown tunnel will not solve this."

There is only one way to increase capacity on the east-west corridor and reduce pressure on the 417, said Doucet, and that is a parallel rail service, which would put the LRT on Carling Avenue in the west and Orleans in the east.

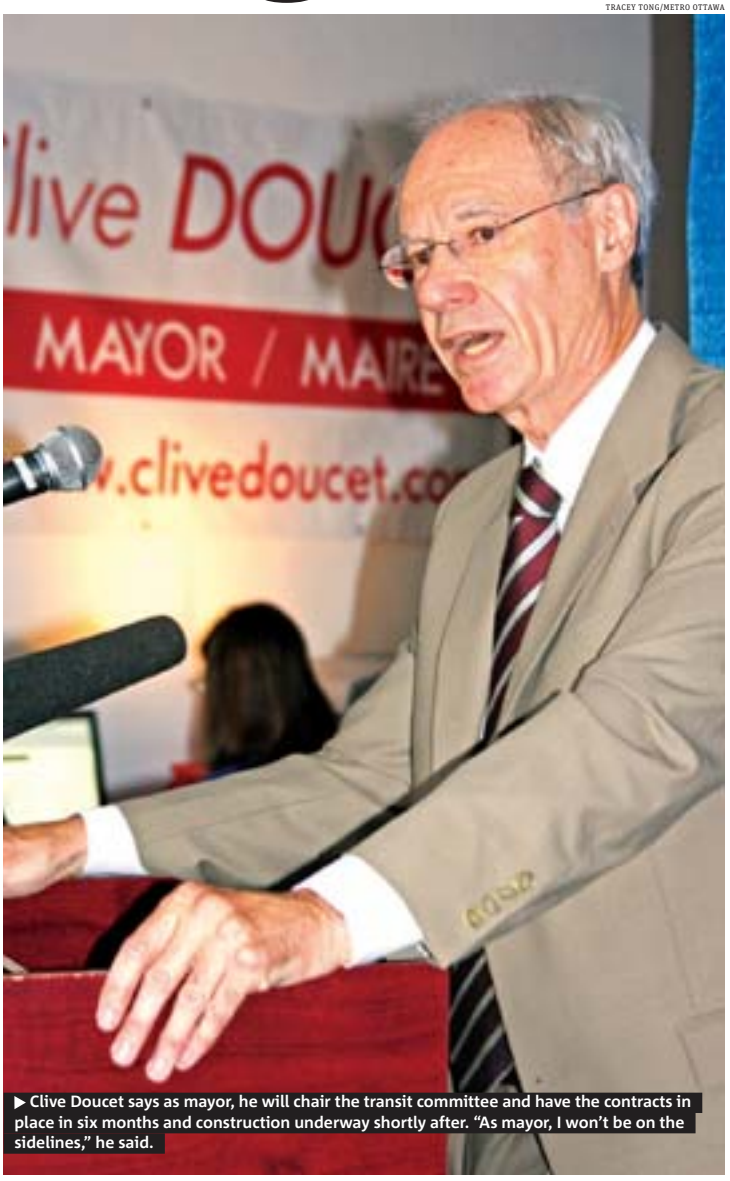
"People will have a real travel choice between buses, trains and cars," he said.

If elected, Doucet promised citizens LRT in four years, beginning work immediately on an east-west rail corridor along Carling to relieve commuter traffic on the 417, and extending the O-Train to the airport.

"The great cost for light rail is not cars or tracks, it's rights of way," he said.

"Do you want to spend $3 billion on 3.4 kilometres of tunnel and see no new rail service ... until 2031, or do you want LRT in four years?" TRACEY TONG

TRACEY TONG/METRO OTTAWA



▶ Clive Doucet says as mayor, he will chair the transit committee and have the contracts in place in six months and construction underway shortly after. "As mayor, I won't be on the sidelines," he said.

A bicycling city

Clive Doucet said he wants "to make Ottawa the best bicycling city in Canada."

- Ottawa is already the best recreational bicycling city in Canada, he said. "Our challenge is to become the best in Canada for cyclists who need to get to work, take their kids out and shop."
- Following the lead of countries like Holland and Denmark, cities like Paris, New York, Montreal and Vancouver have adjusted their planning priorities and resources in support of cycling, said Joel Mulligan, a sustainable transportation consultant (pictured at left). Ottawa should do the same, he said.
- Ottawa can accomplish this by prioritizing cycling, doubling the cycling rate by 2014, creating a network of bicycle lanes and integrating cycling with other modes of transportation, Mulligan said.

News on the move

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Thousands of students attending uOttawa, Carleton, St. Paul's, Algonquin and La Cité flood the city as the school year gets underway ● Frosh week activities include events at Jacques-Cartier Park and Mooney's Bay, festivities on campus and new student convocations

Students get kicks at Frosh week in Ottawa

TIM WIECLAWSKI/METRO OTTAWA

▶ Students from the University of Ottawa School of Human Kinetics frolic in the rain at Fedstock on Monday.

TRACEY TONG/METRO OTTAWA

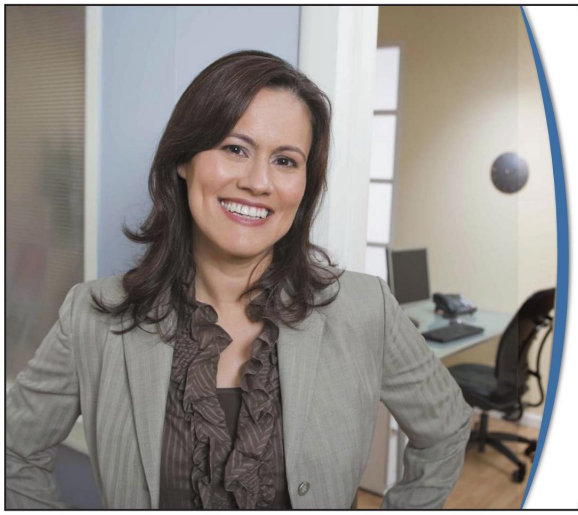
▶ Carleton University students from the Daredevils team perform a cheer at yesterday's Frosh activities at Mooney's Bay Beach. This year's Frosh was themed CU at the Circus.

TRACEY TONG/METRO OTTAWA

▶ Carleton students build sand sculptures at Mooney's Bay yesterday as a part of Frosh Week events.

TIM WIECLAWSKI/METRO OTTAWA

▶ UOttawa engineering students do what engineering students do best — build a human pyramid — at Jacques-Cartier Park.



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Man injured in bike crash

A 40-year-old man suffered serious injuries after being thrown from his motorcycle yesterday morning.

Ottawa paramedics were called to a single-vehicle collision at the intersection of Huntmar Road and Palladium Drive at 10:36 a.m. TRACEY TONG

300 taken out of building

Two people were injured and 300 more evacuated from an eight-storey building after a hazardous substance was released in a lab at the Geological Survey Building. Two were taken to hospital after they inhaled a hazardous substance. TRACEY TONG

Mosaika welcomes 200,000

There's still time to catch Mosaika: Canada through the eyes of its people at Parliament Hill. The free, bilingual show will have been seen by over 200,000 since July. The show begins at 9:30 p.m. nightly through Sept. 13. TRACEY TONG

Ottawa has a cash spending problem: Watson

If elected, former provincial minister would freeze senior managers' salaries for two years

TIM WIECLAWSKI
@METRONEWS.CA

Mayoral candidate Jim Watson is promising a temporary hiring freeze on non-emergency city staff as soon as he is elected.

That is, if he is elected on Oct. 25, there would be no new staff hired until after the new council sets its first budget in February or March.

Throughout the term, he would work to reduce the number of members sitting on city council.

"Reducing the size of council after the next election could save an additional $2 million," he said.

TIM WIECLAWSKI/METRO OTTAWA

▶ Watson has promised not to increase property taxes by more than 2.5 per cent per year.

Watson would also cut council's travel and hospitality budget by 20 per cent. He said his team has put in a freedom of information request to nail down how much that would be exactly, but he estimates that it would save up to $50,000.

With a budget topping $2 billion, it may seem like nickels and dimes, but those costs add up, and you have to start somewhere, said Watson.

Watson also wants to institute a policy of where any councillor proposing a spending increase must identify a corresponding realistic spending cut.

"I emphasize the word realistic, because there is no sense putting something up that really does not make sense," he said. "We just can't keep loading up the budget every month."

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VOLUNTEERS NEEDED FOR DEPRESSION RESEARCH

Psychiatrists at the Ottawa Psychopharmacology Clinic are currently conducting a research study of an investigational medication for depression. The purpose of the study is to further our knowledge about the possible treatment of depression. Study duration is initially 12 weeks with possible continuation of up to 24 weeks in total. Included are a physical exam, blood tests and a psychiatric interview. All information provided will be treated in strictest confidence. To volunteer, you must be 18-65 years of age, not currently in psychiatric treatment (unless you are being referred by your treating doctor), have no drug or alcohol problems and be in generally good physical health.

	YES	NO
I am feeling sad and depressed	☐	☐
I am having difficulty sleeping	☐	☐
I am feeling low in energy and slowed down	☐	☐
My appetite has changed	☐	☐
I am experiencing feelings of guilt	☐	☐
I have lost interest in work and pleasurable activities	☐	☐
I feel hopeless about the future	☐	☐
I feel tense and anxious	☐	☐
I am having difficulty making decisions	☐	☐
I am having trouble concentrating	☐	☐

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TIM WIECLAWSKI/METRO OTTAWA

▶ Ecology Ottawa's Ian Thomson.

City hall graded on green

▶ Six councillors, mostly from urban wards, averaged an A in their four-year term ▶ Another six, mostly suburban councillors, averaged a D

TIM WIECLAWSKI
@METRONEWS.CA

Supporting environmental initiatives can be financially beneficial for a city, said the councillors who received high marks for voting green last year.

"Most people think the environment is a luxury ... but it's actually the reverse," said Capital Ward Coun. Clive Doucet.

"The cities that are really moving fast to create sustainable cities are also getting richer."

Yesterday, Ecology Ottawa released a voting report card and recognized councillors they considered environmental champions, according to their voting record on key decisions.

As a whole, this city council was indecisive and ineffective, said report co-ordinator Ian Thomson.

Rosh Hashanah begins tomorrow

13,000
Number of people of the Jewish faith in Ottawa, according to Jewish Family Services.

With the return of school, students aren't the only ones marking a new year.

Ottawa's Jewish community will be celebrating Jewish New Year this week, with Rosh Hashanah beginning tomorrow at sundown.

The holiday, which marks one of the busiest times of year for synagogues, is rich with tradition, said Erica Bregman, event co-ordinator of Jewish Family Services.

They include the eating of apples and honey and the seeds of pomegranates to symbolize the multiplying of blessings.

Other traditions include blowing a Shofar, a ram's horn, which signifies the awakening of a new year and visiting the graves of deceased relatives leading up to the holiday.

Jewish Family Services will be hosting its 10th annual free community meal in celebration of the Jewish New Year at Valley Stream Manor at 6:45 p.m. today.

TRACEY TONG

Youth Services building gets a makeover

After a difficult and confusing childhood, Erica Quesnel became a homeless teenaged crack addict.

With counselling and support from the Youth Services Bureau Downtown Drop-in Centre, she was able to clean up her life, become a mother, and is now looking forward to starting college to become an addictions counsellor.

The first steps in a major renovation of the 60-year-old drop-in centre began yesterday.

The federal and provincial governments have committed $533,000 to the reconstruction.

The McKesson Foundation had donated another $25,000.

The YSB is hoping to raise $500,000 in private donations to cover the cost of rebuilding the centre, said executive director Alex Munter.

TIM WIECLAWSKI

▶ Erica Quesnel helps to demolish a wall at the Youth Services Bureau Downtown Drop-in Centre.

TIM WIECLAWSKI/METRO OTTAWA

"It's amazing to think the YSB does all the things it does in a building that is in a real state of disrepair. I can only imagine the quality of service it could offer to the street youth of Ottawa when they are able to completely renovate the building."
ERICA QUESNEL

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News in brief

▶ A Babylonian clay foundation cone.

Stolen artifacts back at home

IRAQ. Hundreds of Iraqi artifacts looted from museums and archaeological sites across the country have been returned to Iraq.

More than 500 pieces were on display at the Ministry of Foreign Affairs yesterday, including a 4,400-year-old statue of a Sumerian king discovered in the 1920s at the ancient city of Ur, in southern Iraq.

The headless statue was stolen from the Iraqi National Museum during the looting and chaos that followed the 2003 U.S.-led invasion. THE ASSOCIATED PRESS

Volcano covers area in ash

ERUPTION. An Indonesian volcano shot a towering cloud of black ash high into the air yesterday, dusting villages 25 kilometres away in its most powerful eruption since awakening last week from four centuries of dormancy.
THE ASSOCIATED PRESS

RCMP to clean up Craigslist

SEX CRIMES. The RCMP says it's working with Craigslist to try to stop erotic ads that many fear are a functioning as cover for prostitution from being posted on the company's website in Canada.

Craigslist shut down its adult services section in the United States on Saturday and replaced it with a black bar that simply says "censored."

But the Canadian site still has an "erotic" link listed under services.
THE ASSOCIATED PRESS

Reverend: Qu'ran burning still a go

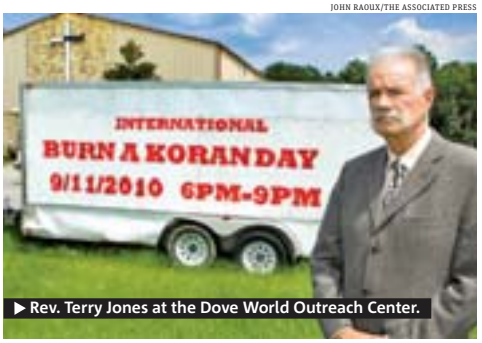
- Jones says Constitution gives him right to burn book
- State Dept. urges Americans to condemn Jones' plan

The government turned up the pressure yesterday on the head of a small Florida church who plans to burn copies of the Qur'an on Sept. 11, warning him that doing so could endanger U.S. troops and Americans everywhere.

But the Rev. Terry Jones insisted he would go ahead with his plans, despite criticism from the top U.S. general in Afghanistan, the White House and the State Department, as well as a host of religious leaders.

Gen. David Petraeus warned yesterday in an email to The Associated Press that "images of the burning of a Qur'an would undoubtedly be used by extremists in Afghanistan — and around the world — to inflame public opinion and incite violence." It was a rare example of a military commander taking a position on a domestic political matter.

JOHN RAOUX/THE ASSOCIATED PRESS



▶ Rev. Terry Jones at the Dove World Outreach Center.

Jones responded that he is also concerned but refused to cancel the protest set for Saturday at his Dove World Outreach Center, a church that espouses an anti-Islam philosophy.

The Vatican newspaper yesterday published an article in which Catholic bishops criticized Jones' plan.
THE ASSOCIATED PRESS

Terry Jones file

Jones gained some local notoriety last year when he posted signs in front of his small church declaring "Islam is of the Devil."

- **Bad timing** Jones' Qur'an-burning scheme, which he announced in July, attracted wider attention just as an emotional debate was taking shape over the proposed Islamic centre near the ground zero site in New York.
- **"Evil" book** The Qur'an, according to Jones, is "evil" because it espouses something other than biblical truth and incites radical, violent behaviour among Muslims.
- **No denomination** Jones' Dove Outreach Center is independent of any denomination. The church follows the Pentecostal tradition.

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New front for Forces

U.S. President Obama has warned climate change could lead to violent struggles over scarce food and water

JONATHAN HAYWARD/THE CANADIAN PRESS

▶ Defence Minister Peter MacKay, right, poses with members of the military. A navy planner says the Canadian Forces must be ready to help battle against the effects of climate change.

A navy planner says the Canadian Forces must be ready to be called to the front lines in the battle against the effects of climate change.

A recently published article by Lt.-Cmdr. Ray Snook of the Defence Department's directorate of maritime strategy says the military may have to step in if conflicts flare over dwindling supplies of food and water.

"There will be a clear need for peace support operations too, and being called upon to intervene overseas and to help prevent or to resolve conflicts may occur more frequently," he wrote in the summer issue of the Canadian Naval Review.

"Canada has a proud history of responding to these demands and in guaranteeing the physical security required to stabilize and reconstruct."

Countries struck by natural disasters or extreme weather events may also seek military help, Snook says, just as Haiti did after a powerful earthquake in January.

"Several reputable think-tanks and senior military officials have drawn the conclusion that increasingly Western armed forces will be called upon to conduct humanitarian assistance and disaster-relief missions," he wrote.

"As the only government organization with the ability to undertake such missions on a significant scale, the public will expect nothing less."

But he warns more than one call for help at a time could strain military resources.

Douglas Bland, a retired lieutenant-colonel who chairs defence management studies at Queen's University in Kingston, Ont., says the military has been doing climate-related work on a smaller scale for some time.

Troops helped during the Red River floods in Manitoba in 1997 and when a major ice storm hit parts of eastern Ontario and Quebec in 1998. They once traded their weapons for shovels to help dig out parts of snowed-in Toronto.

Bland says the military is probably more concerned about protecting the northern borders as melting sea ice opens up Arctic waterways than it is about deploying to other areas hard hit by climate change.

THE CANADIAN PRESS

News in brief

Registry gains popular ground

OPINION. A new poll suggests public opinion was shifting in favour of keeping the controversial long-gun registry, even before the RCMP issued its favourable evaluation last month.

The late August poll by The Canadian Press Harris-Decima indicates that 48 per cent of respondents thought it would be a bad idea to get rid of the registry, up from 42 per cent in April and 41 per cent last November.

The shift in support for the registry came mainly among women, Ontarians and those earning between $60,000 and $100,000 a year.

THE CANADIAN PRESS

Self-love, hate pervade site

RESEARCH. A new study suggests that Facebook is a magnet for narcissists and people with low self-esteem.

The York University research shows that individuals with higher levels of narcissism and those with lower self-esteem spend more time on the massively popular social-networking website.

Researcher Soraya Mehdizadeh also found that these people use Facebook as a means of self-promotion.

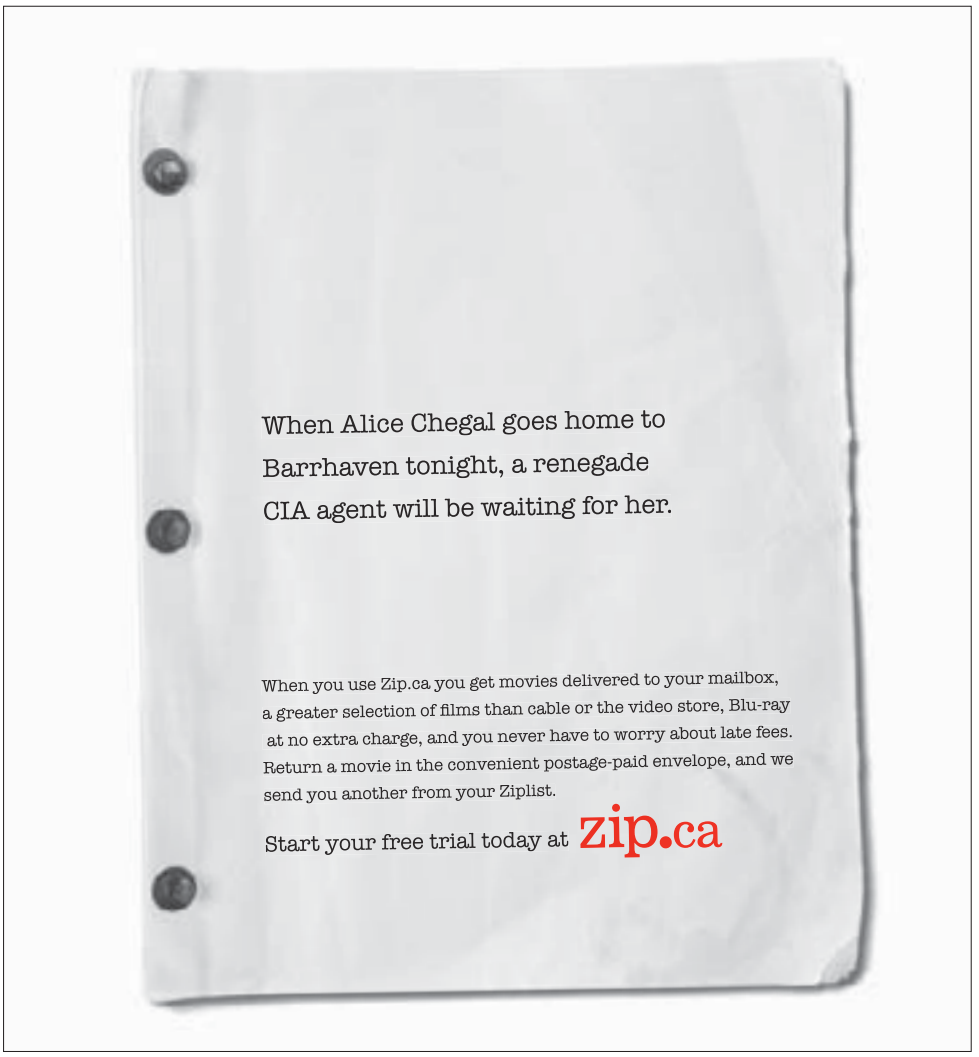
She says women are most likely to self-promote through a carefully selected main photo, while men did so in written postings describing themselves.

THE CANADIAN PRESS

Stoning debate intensifies

IRAN. The international crossfire over Iran's stoning sentence for a woman convicted of adultery intensified yesterday with a top European Union official calling it "barbaric" and an Iranian spokesman saying it's about punishing a criminal and not a human rights issue.

THE ASSOCIATED PRESS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HOMICIDE

Autopsy confirms identity

The disappearance of an Ontario woman was ruled a homicide yesterday after an autopsy confirmed remains found in a wooded area were those of Sonia Varaschin.

The 42-year-old Orangeville, Ont., woman's blood-stained car was found in an alley Aug. 30. Varaschin was reported missing the same day by her family when she didn't show up for work. Someone walking their dog discovered the remains Sunday morning in Caledon.

Police have no suspect, but have said whoever might be behind her disappearance is someone she knew. THE CANADIAN PRESS

Oilsands killing off birds: Study

A new study suggests that birds are likely dying in oilsands tailings ponds at at least 30 times the rate suggested by industry and government.

Study author Kevin Timoney says his results add more weight to arguments that depending on industry to monitor its own environmental impacts isn't working.

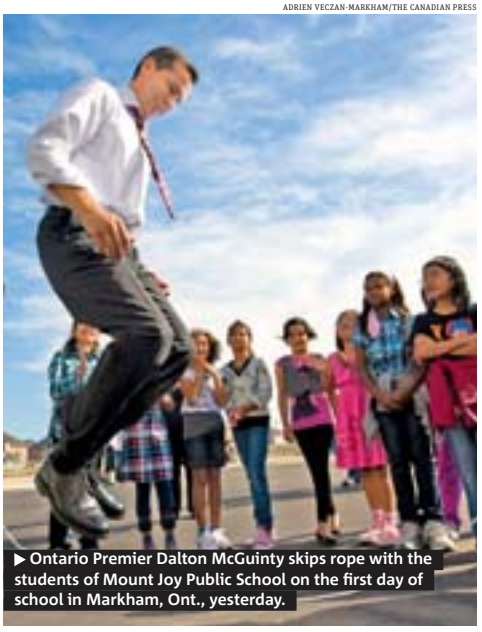
Industry reports that the average number of birds that die in oilsands tailings ponds is about 65.

But using a combination of observed data and scientifically established averages, Timoney puts the median figure closer to 2,000 every year.

THE CANADIAN PRESS

Ontario's 'clear choice'

ADRIEN VECZAN-MARKHAM/THE CANADIAN PRESS



▶ Ontario Premier Dalton McGuinty skips rope with the students of Mount Joy Public School on the first day of school in Markham, Ont., yesterday.

McGuinty starts campaigning early with promises to introduce all-day kindergarten program

The next Ontario election campaign doesn't officially begin until Labour Day 2011, but Premier Dalton McGuinty got the ball rolling a full year early yesterday by throwing down the gauntlet over all-day kindergarten.

McGuinty raised the election issue after joining students at Mount Joy Public School in Markham, Ont., for the first day of classes, and to mark the beginning of the all-day kindergarten program in 600 Ontario schools — although not at Mount Joy.

"Ontarians will have a very clear choice when it comes to the future of publicly funded education: they can continue to make progress, whether it's test scores or graduation rates or full-day kindergarten, or they can put a stop to that and they can turn the clock back."

"It's not too soon for us to consider the choice we're going to have next October."
ONTARIO PREMIER DALTON MCGUINTY

The all-day kindergarten program, which will expand to 800 schools next year, will cost the province $1.5 billion a year when it's fully implemented in all 4,000 elementary schools by 2015.

THE CANADIAN PRESS

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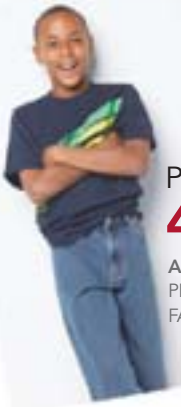

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Singapore cracks down on local dialect

Country's use of English helps attract investment
Government fears Singlish threatens economic edge

"Borrow me $5 can?" may not be the most graceful way to ask for a few dollars, but it's music to the ears of many Singaporeans.

But as Singapore cements its position as a financial services hub and top regional tourist destination, the government is redoubling efforts to persuade locals to speak standard English.

The government insists mastery of English is imperative to raise living standards as the economy shifts to services from manufacturing.

Some worry, however, that the island's unique patois known as Singlish could be lost, and with it an important cultural glue unifying the multi-ethnic, multi-religious city-state of 5.1 million people.

WONG MAYE-E/THE ASSOCIATED PRESS

▶ A volunteer holds a poster to encourage Standard English.

The government yesterday revived a decade-long drive to get Singaporeans to speak grammatically correct English.

Through partnerships with restaurants and shopping centre food courts, the government plans to exhort patrons to Get it Right with posters showing examples of Singlish phrases crossed out and their equivalent meaning in English.

Singlish is a jumble of the nation's four official languages — English, Mandarin, Malay and Tamil — and vocabulary from several Chinese dialects. It often consists of English words used to directly translate Chinese phrases.

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Your actual fuel consumption may vary. †Fuel consumption star ratings are part of the National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program. For more information on safety ratings, go to www.safercar.gov. 2010 Chevrolet Malibu received both a 5-star Rating for the driver and front passenger in the Frontal Crash Test and for front and rear seat occupants in the Side-impact Crash Test. Side-impact Crash Test rating is for models tested with standard head-curtain side-impact air bags. 2010 Chevrolet Silverado 1500 received a 5-star Rating for the driver and front passenger in the Frontal Crash Test. †† Chevrolet Malibu LT Platinum Edition, MSRP with freight, PDI & fees $29,254. Chevrolet Cobalt LT Team Canada Edition, MSRP with freight, PDI & fees $21,119. Dealers are free to set individual prices. †Subject to Vehicle Redemption Allowances. 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See your GM dealer for details. ♥♥To qualify for GM Canada's Cash For Clunkers incentive, you must: (1) receive Government confirmation of vehicle eligibility under the Retire Your Ride Program, supported by The Government of Canada, and turn in a 1995 or older MY vehicle that is in running condition and has been registered and properly insured in your name for the last 6 months (12 months in B.C.); or (2) turn in a 1995 or older MY vehicle that is in running condition and has been registered and properly insured under (i) a small business name for the last 6 months or (ii) your name for the last 6 months in B.C. GM Canada will provide eligible consumers with a manufacturer to consumer incentive to be used towards the purchase/finance/lease of a new eligible 2010 or 2011 MY GM vehicle, excluding all Pontiac, Saturn, Saab and Hummer vehicles, Chevrolet Aveo, Corvette ZR1 and Medium Duty trucks, 2010 MY Chevrolet Cobalt and 2011 MY Buick Regal, Chevrolet Cruz and Cadillac CTS Coupe in an amount ranging from $750 to $3,000, depending on the model purchased. Incentive applied after taxes. GM Canada's Cash For Clunkers incentive is only available to customers who take delivery between July 1, 2010 and September 30, 2010, and may not be combined with certain other incentives available on GM vehicles. By participating in this program you will not be eligible for any trade-in value for your vehicle. See your participating GM dealer for additional program conditions and details. If you successfully complete the Retire Your Ride program, you will be eligible for a $300 cash incentive from the Canadian Government. Residents of Northwest Territories, Yukon or Nunavut are excluded from the Government's Retire Your Ride program and are therefore ineligible for GM Canada's Cash For Clunkers incentive. Some conditions apply. Visit www.ridetyourride.ca.

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Prizes pictured are for illustrative purposes only. Actual prizes may vary from the prize pictured. BMW/MINI Cooper is not endorsing, sponsoring, or otherwise affiliated with this promotion.

*"smallest" defined as the product of Height x Width. *Based on phones available for purchase on the market as of April 28, 2010.

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Strikes shut down transit

Action in France and Britain a precursor to discontent elsewhere

Strikes hobbled public transit across France and in London yesterday, forcing tourists and commuters to alter their plans as they bore the brunt of a wave of discontent over government cost-cutting measures — a wave expected to soon prompt walkouts elsewhere on the continent.

French unions staged a nationwide walkout over plans to raise the retirement age from 60 to 62, cutting service on trains, planes, buses and subways.

London Underground workers unhappy about job cuts closed much of the city's subway system — the first in a series of 24-hour strikes planned for the fall.

The strikes came as European Union finance ministers met in Brussels amid worries the government debt crises that alarmed markets worldwide earlier this year could flare up again. The ministers discussed introducing a levy on banks and whether a tax on financial transactions can deal with another banking crisis.

In France, some post offices shut down, schools were hamstrung and public hospitals were hit with a nearly 18 per cent staff cut for the day. The strike also blocked the Atlantic coast port at Saint-Nazaire, including vessels that feed into the nearby Total refinery.

Unions hope to mobilize a total of two million street protesters at more than 200 demonstrations across France, at a time when French President Nicolas Sarkozy's approval ratings hover in the mid-30 per cent range.

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CLAUDE PARIS/THE ASSOCIATED PRESS

▶ Women hold a banner reading "Retirement" during a protest in Marseille, southern France, yesterday. More than 200 street demonstrations were scheduled throughout France during the one-day event. Civil aviation authorities asked airlines to cut a quarter of flights at Paris' airports, and traffic was slowed on Paris' subway and suburban transport lines.

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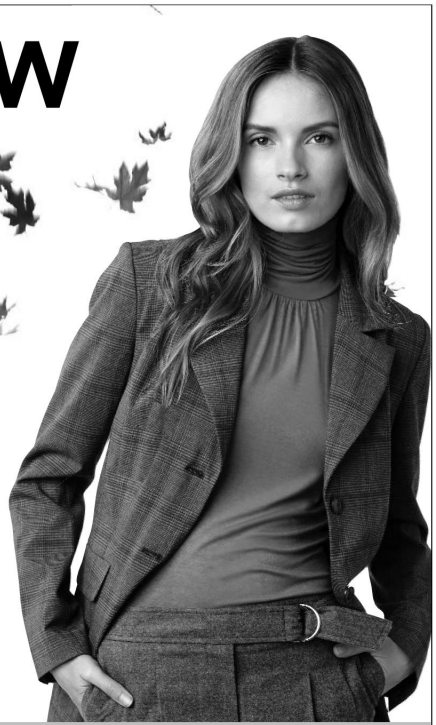

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Interest rate rise expected

But some economists question wisdom of raising rates when growth has slowed

Interest rates are expected to rise for the third time in as many months today.

A consensus of economists believe Bank of Canada governor Mark Carney will overlook recent disappointing economic data and hike the trendsetting rate a quarter point to one per cent.

But many economists question how much further Carney can go in his current tightening phase considering that the U.S. is heading in the opposite direction. And some blame the sharp slowdown during the spring and summer on the anticipation of higher interest rates.

THE CANADIAN PRESS

Bad idea?

Some believe Carney has already moved too quickly.

- **Slow GDP** Last week, Statistics Canada reported that the country's gross domestic product rose two per cent in the second quarter, a far cry from the previous quarter's 5.8 per cent advance.
- **Homes and cars** The slowdown was most acute in the two areas that are most sensitive to interest rates, home and car sales, notes economist Carl Weinberg.

TV. Making news

▶ Quebecor CEO Pierre Karl Peladeau is attempting to launch a new right-wing, all-news network.

THE CANADIAN PRESS FILE PHOTO

U.S. takes an interest

The controversy over a proposed conservative Canadian TV network is making news south of the border. The Hollywood Reporter has carried two stories in the past week detailing Quebecor's bid to launch Sun TV News, a 24-hour right-wing all-news network.

Market moment

TSX	Dollar	Oil	Natural gas 1,000 cu ft
- 42.94 (12,101.98)	– 0.8¢ (95.42¢ US)	– 51¢ US ($74.09 US)	$3.857 (- 8.2¢)

Gold contracts $1,257.30 (+ $8.10)

PRICES AS OF 4 P.M. YESTERDAY

Wealthy Chinese urged to give more

KIN CHEUNG/THE ASSOCIATED PRESS FILE

▶ Chinese billionaire Wang Chuanfu

Microsoft Corp. co-founder Bill Gates and billionaire investor Warren Buffett plan to sell the art of giving to China's super rich in a visit this month that's already sparked some soul searching among the world's second-largest number of billionaires.

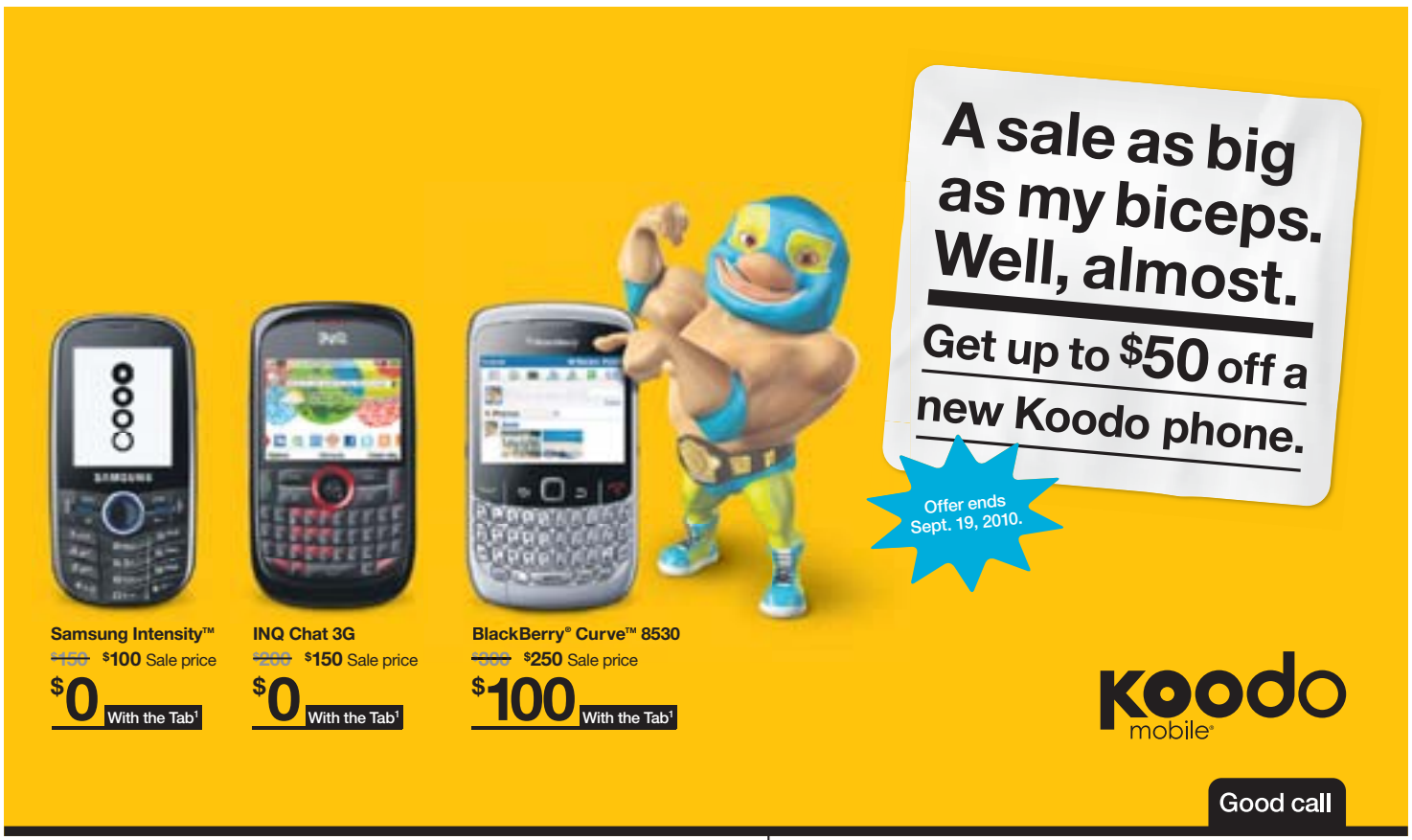
Reactions to Gates and Buffett's trip have been varied: One prominent Chinese philanthropist quickly pledged his entire fortune to charity, while the head of a private foundation said Chinese businesses should be leery of emulating American-style donations before essential standards such as workers' rights are improved. THE ASSOCIATED PRESS

1 in 5 firms plan to hire: Survey

8% Economists have warned that Canada's unemployment rate could remain around eight per cent for some time.

Miners in Western and Atlantic Canada could be some of Canada's most desirable job candidates in the coming quarter, according to a survey of employer intentions by a global staffing firm. The survey released yesterday by Manpower Canada found 21 per cent of more than 1,900 Canadian employers expect to increase their payrolls in the fourth quarter of 2010, but seven per cent anticipate cutbacks.

THE CANADIAN PRESS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MAKE WAY FOR A NEW BREED OF MAMIL

Just sayin'

PAUL SULLIVAN

According to biologists, I'm a mammal, a warm-blooded creature with fur.

According to some wags, I'm also a MAMIL, or middle-aged man in Lycra, one of a species seen waddling out from our dens on weekends and mounting expensive road bikes in a picturesque attempt to capture some of the reflected glory that goes with the Tour de France and other sexy, manly European road races.

I'm not sure who coined the term, but it refers to men of a certain age, who, freaking out at the loss of youth, don't buy a red Porsche Boxster, opting instead for a red Pinarello or Specialized S-Works road bike. Even though it can set them back up to $10,000, it's cheaper than the chariot, saves on CO2 and helps them stay fit. With all the money they save, they can outfit themselves in the bike gear of their favourite Tour De France hero, like Alberto Contador or old Ironsides, Lance Armstrong.

MAMILs also exhibit some interesting behaviour. For example, they shave their legs. They think it makes them more aerodynamic. Long-suffering spouses refrain from pointing out the obvious: That if their significant MAMIL would only lay off the carbs and drop 20 pounds, it would be a damn sight easier to get up the hill.

"MAMILs also exhibit some interesting behaviour. For example, they shave their legs."

MAMILs travel in packs, often with MAFILs, (middle-aged females in Lycra, natch), who are given equal status in the herd, at least until the testosterone starts to run and the boys can't help racing even though they know they won't be able to walk, never mind do chores, rendering them useless for the rest of the weekend, sowing discord in the den.

MAMILs also love hills, and grunt up mountains at the slightest provocation. Not everyone has the cash, time or guts to climb the Col du Tourmalet, a daunting feature of the Tour De France, but here in Vancouver, MAMILs think nothing of riding up Cypress Bowl and Mount Seymour on the same day, a combined climb of almost 30 kilometres, straight up.

This Saturday morning will be a great opportunity to catch 4,000 of us in the RBC GranFondo Whistler, a breathtaking 120-kilometre ride along the Sea to Sky Highway to Whistler from downtown Vancouver. The GranFondo (which means "big ride" in sexy Italian, the lingua franca of MAMILs) has a net elevation gain of 650 metres, which is perfect for grunting up, and the first of its kind in Canada.

It sold out months ago, so next year's GranFondo promises to be even bigger. And it's just the start. The GranFondo Lycra will stretch from coast to coast. Organizers are planning to launch events in major MAMIL habitats, wherever there are large concentrations of mid-life crisis.

Cartoon

MICHAEL DE ADDER

More buzz about bees

Worth mentioning

Scientists have been buzzing for years about the dwindling number of bees and linking that to less pollination, but a new Canadian study suggests the decline could also be blamed on climate change.

James Thomson, a scientist with the University of Toronto, has spent 17 years studying the wild lily from his log cabin in a remote plot of land in Colorado's Rocky Mountains. He has discovered the flowers have been blooming earlier.

He has called the discovery a "climate-driven" mismatch between when flowers bloom and when bees emerge from hibernation.

Thomson said he studied the flowers on a piece of "pristine" land that is free from pesticides, agriculture and human disturbances, but still subject to climate change.

Thomson said while others have speculated on climate's effect on pollination, he is the first to produce "long-term evidence of a downward trend."

For several years researchers have worried about the fate of bee populations, and warned about the consequences of declining pollinators, saying the world's plants rely on pollinators for fertilization and reproduction.

THE CANADIAN PRESS

'Climate-driven' mismatch

CONTRIBUTED

What one thing would you take on a deserted island?

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Publisher Bill McDonald, **Managing Editor** Tracey Tong, **Sales Manager** Dara Mottahed, **Distribution Manager** Bernie Horton

METRO CANADA: Group Publisher Bill McDonald, **Editor-in-Chief** Charlotte Empey, **Associate Managing Editor** Tarin Elbert, **Scene/Life Editor** Dean Lisk, **Asst Managing Editor** Amber Shortt, **Art Director** Laila Hakim, **Nat'l Sales Director** Peter Bartrem, **Interactive/Marketing Director** Jodi Brown

Metro Minute at Dick Bell Park

Located at the city's western edge before the Greenbelt, Dick Bell Park is home to the Nepean Sailing Club, with a marina that is home to several hundred boats.

On a good day, the Ottawa River is teeming with all sorts of vessels. You don't need a boat of your own to enjoy the unobstructed view of the Ottawa River and the Gatineau Hills from the second-floor club room and lounge overlooking the harbour.

While you're there, take a stroll to the lighthouse on the northern tip of the harbour. Watch your step though; the park is home to hundreds of Canada geese.

TIM WIECLAWSKI

TIM WIECLAWSKI/METRO OTTAWA

▶ Dick Bell Park is home to the Nepean Sailing Club.

2 scene

Didn't we see that one already?

Hollywood loves a good formula The fall movie season is rife with tried-and-true plot setups that might just give you a case of deja vu

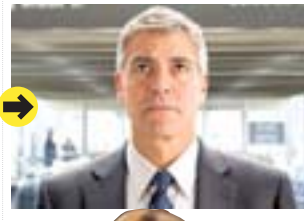
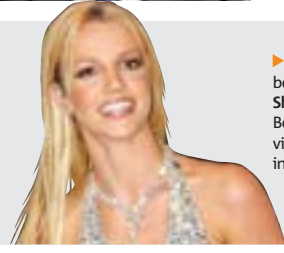
DOROTHY ROBINSON
SCENE@METRONEWS.CA
METRO WORLD NEWS IN NEW YORK

Coming up

Beginning of the end for Harry Potter

Nov. 19 will see the release of Harry Potter and the Deathly Hallows Part 1, the first of the franchise's two-part finale. Last year we spoke with director David Yates about the process of shooting the final three films back to back. Poor guy was trying to be stoic about it: "You can't look at the top of the mountain. It's such a long way. You just look at it like, 'I'm going to get it over there today.' The two things you mustn't think about are the response to them and [not looking] too far ahead." METRO

For the latest on the Venice Film Festival, scan this code or visit metronews.ca/scene

UPCOMING RELEASE	LOOKS LIKE
SEPT. 17 **The Town** — A second directorial effort from Ben Affleck finds him in front of the camera showing off his greatest strength — a Boston accent. He plays a thief trying to go straight, but who inevitably becomes torn between his loyalties and his love for a new hot thing.	This latest installment is starting to build a case for a **"Boston crime movies"** genre, which would already include Affleck's first film, **Gone Baby Gone, Mystic River** and recent classic **The Departed.** We'll pay anything to hear those Southie accents utter **"Did you kill my dawtah?"** and **"That was nawt wicked smaht."**
OCT. 1 **Let Me In** – Chloe Moretz stars as a troubled child in this American version of the Swedish film Let the Right One In. Critics seemed to have liked the original enough that doing a remake wasn't really necessary, but you know how we Americans feel about subtitles.	Aside from the obvious association with the source material, the murderous child theme is not only something that makes an appearance every year (like last year's **The Orphan**), but this season alone sports at least two others, including **Case 39,** starring Renee Zellweger, and **The Last Exorcism.**
OCT. 8 **Secretariat** — Secretariat is a biopic about housewife Penny Chenery (Diane Lane) who takes over the management of her ailing father's stables, only to have one of its horses win the Triple Crown. Really? Another horse movie? Did anyone even watch Seabiscuit? It was a bad idea the first time, folks.	Obviously **Seabiscuit,** but also when you really think about it, there are a ton of horse movies out there: **Black Beauty, The Black Stallion, National Velvet, Flicka.** And here we were thinking these films are only made for long-haired 10 year-old girls.
OCT. 15 **Red** — A rogue team of ex-CIA agents now marked as the agency's top targets reunite the team to show the U.S. government what's up. Helen Mirren, John Malkovich, Bruce Willis and Morgan Freeman make up the team and — surprise! — the source material is a comic book.	It's kind of **The Bucket List** crossed with **The Expendables** or **The Losers** if Dame Helen had bigger pectorals or if Malkovich looked a little more like Terry Crews. Assembling such a top-notch list of actors for a caper like this reeks of hopes for another box-office payday like **Oceans 11.**
OCT. 22 **The Company Men** — Tommy Lee Jones, Ben Affleck (again) and Chris Cooper star in what might be a too-close-to-reality-to-be-enjoyable dramedy about corporate men dealing with layoffs. Sorry, but those who can identify with this one are too broke to buy the ticket.	 Last year's loudly touted **"movie of our times,"** partially about unemployment, called **Up In The Air** — seen it? Yeah, that was last year. Clooney may've been enough to draw the crowds in 2009, but we're betting a few sour-looking acting heavyweights and Affleck won't add up to much attention for this mish-mosh of sap-sap.
NOV. 26 **Burlesque** — Christina Aguilera makes her acting debut as a waitress who travels to Hollywood to fulfill her dreams of being a burlesque dancer. Cher also stars as her sassy club-owning mentor, Tess. Too soon! We're still trying to get the scary image of Xtina in the Lady Marma-lade video out of our heads.	 This could be a lovely cross-section between Britney Spears' **Crossroads, Showgirls** and **Glitter.** Our prediction? Beautiful disaster. At least they skip the virginity issue in this one. Why are you in this movie, Stanley Tucci?

The skinny on being fat

New plus-sized sitcom Mike & Molly works hard to move beyond weighty issues

While the new sitcom Mike & Molly spins around two single people who hook up at an Overeaters Anonymous meeting, the stars and creative team insist the show isn't about being fat. Instead, they say, it's about people who happen to be fat.

And yet, with two overweight principals heading up a series produced in thin-obsessed Hollywood, can they avoid the discussion of weight?

Fat chance.

Throughout summer, a blast of major media outlets did stories about what one Los Angeles Times columnist dubbed the current crop of "pound-power" shows, narrative series with plus-sized leads, including Drop Dead Diva, Huge and, now, Mike & Molly, which the actors were discussing with reporters at the Television Critics Association press tour in late July.

"I'm used to being the guy that comes in, you say something funny, you move the scene along, you're out of the way"
BILLY GARDELL, WHO PLAYS MIKE

"The questions feel a little bit like Hollywood is going, 'Are there fat people out there where you come from?'" joked actor Billy Gardell, who plays Mike.

Mike & Molly is the brainchild of Mark Roberts, working again with Chuck Lorre (Two and Half Men), who serves as an executive producer.

"When Mark and I started out on this process, Mark mentioned Marty, the Ernest Borgnine film."

Lorre recalled about the story of a heavyset, lonely man seeking love. "That touched both of us, and the poignancy of people that might have given up hope that they'll ever find someone."

The casting call for the character of Molly asked for "a sweet-faced, overweight woman in her 30s." according to Roberts. "I ended up seeing just about every other woman who's been in any kind of production of 'Hairspray,' but Melissa (McCarthy) was the first piece of tape we saw.

"With women of size,"Roberts said, "A lot of times there's often an overly apologetic nature to their being, or there's a too-rambunctious, sort of Chris Farley (thing). ... But she was just a person. She was just a sweet, lovable, funny woman who wasn't uncomfortable with herself."

Previously, McCarthy, 40, and Gardell, 41, were seen in the periphery, as supporting players on such series as Samantha Who? and My Name Is Earl.

"I'm used to being the guy that comes in, you say something funny, you move the scene along, you're out of the way," Gardell said. "So, with this, I get to act. You get to really have moments. You're not only funny. ... You're driving the story."

THE ASSOCIATED PRESS

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▶ Billy Gardell and Melissa McCarthy star in the new sitcom Mike & Molly

Where to watch

The when and where you can watch the new sitcom Mike & Molly

- **Launch date** Mike & Molly debuts Sept. 20. Check your local listings.

We paid for our Caribbean cruise with our TD Points (even the excursions).

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Sons of Anarchy finding some good from the bad

An outlaw bike club chasing their dream is a compelling watch

AMBER RAY
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METRO WORLD NEWS IN NEW YORK

The Sons of Anarchy, aka SAMCRO, might operate above the law (see: gunrunning, murder), but please — don't call them a gang. These "motorcycle enthusiasts" are after the same American dream as everyone else, says Sons of Anarchy series creator Kurt Sutter. As Season 3 opens, their path — which finds the club's matriarch on the lam and the baby of her son, SAMCRO vice-president Jax, kidnapped — is simply a little more dangerous than most people's.

"I don't necessarily think of these characters as being bad men or bad women," says Sutter. "Although the solution and their actions are quite often different than ones we would choose, their motivations are often the same as ours, whether it's protecting their family or protecting their hometown."

Ron Perlman, who plays the club's founder and current president, has no qualms about making a hero out of a character that is typically the villain.

"(SAMCRO has) an incredibly well-articulated code of values that sort of permeates its way through the whole family — because it is a family," Perlman says of the Sons. "It's men and women and children and earners and caretakers and spenders. Family drama is what it is, and we're just fighting for the things that are going to make us have the lives we want to live."

Even if that existence leads to a showdown with the Irish Republican Army this season?

"No one is going to tell us what that life should or should not be," Perlman says, speaking like a true club president. "We make up our own rules."

HANDOUT/METRO WORLD NEWS

▶ Charlie Hunnam, left, and Ron Perlman star in Sons of Anarchy.

Show details

Everything you need to know to get into the Sons of Anarchy

- **What's it about?** Sons of Anarchy is the story of the Teller-Morrow family of Charming, CA, as well as the other members of Sons of Anarchy Motorcycle Club, Redwood Original Chapter (SAMCRO), their families, various Charming townspeople, and the various rivals and associates who undermine or support SAMCRO's legal and illegal enterprises.
- **Main character** The show centers on protagonist Jackson "Jax" Teller (Charlie Hunnam), the Vice President of the club who begins questioning the club, the morality and himself.
- **How old?** Sons of Anarchy premiered on Sept. 3, 2008 on cable network FX
- **What season is it in now?** Its third season began this week.
- **Popular?** The show's first season averaged 5.4 million viewers weekly making it the network's most successful show since Rescue Me.

▶ Oprah Winfrey.

Kennedy Center honours Oprah

TV host and actress Oprah Winfrey has been chosen as a Kennedy Center honoree right before the start of the 25th and final season of The Oprah Winfrey Show.

Winfrey was one of five honorees revealed yesterday.

The 56-year-old TV host and actress will be honoured at the 33rd annual event in Washington on Dec. 5, along with former Beatles member Paul McCartney; dancer, choreographer and director Bill T. Jones; country singer-songwriter Merle Haggard; and Broadway composer and lyricist Jerry Herman.

"I love surprising people, I don't like being surprised," Winfrey said. "Releasing any kind of control over a show and allowing myself to sit there and be surprised is not going to be easy but I'm willing to do that."

The Kennedy Center Honors recognize performing artists for their contributions to American culture. Winners are selected by the Kennedy Center's Board of Trustees.

In addition to her award-winning TV show, Winfrey earned Academy Award and Golden Globe nominations for her work in the film adaptation of Alice Walker's novel The Color Purple.

Winfrey is used to celebrating others, both on her popular television show and at previous Kennedy Center Honours programs, but she said she's looking forward to being celebrated this time around.

"When I've done them in the past for people, it has always felt a little bit like being bombarded with a love festival that is about you, and you know that's gotta feel good," Winfrey said during a phone interview in between filming for her show. THE ASSOCIATEDPRESS

My TD Points covered my stay at a ski resort
(even my ski lessons).
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Tyson yearns for lost Tupac time

'He had so much love and compassion, and you couldn't even see it under his rage,' Tyson says of Shakur

When Mike Tyson looks back on his friendship with Tupac Shakur, he thinks about the rapper's big heart, explosive anger — and the one regret he has about their relationship.

"He always wanted me to smoke weed with him, and I never did it, and I wish I did," Tyson said in a recent phone interview.

Tyson said he declined because he was a closet smoker and didn't want it to get out that he smoked the drug. Now, when he looks back on the lost opportunity, he says: "That's my biggest regret."

Tyson's friendship with Shakur is the subject of a new documentary, One Night in Vegas: Tyson & Tupac, which airs Tuesday on ESPN.

The 25-year-old rapper was shot after a Tyson fight in Las Vegas on Sept. 7, 1996; he died six days later.

"He didn't last long, but the time he did last, every minute, every tenth of a moment was explosive," Tyson said.

The documentary chronicles their relationship, which Tyson said took hold when he was imprisoned in 1992 for rape.

"Every day, he would call me or get a chance to call me or send a message," said Tyson. "He would get word to me in prison."

By the time Tyson was released in 1995, Shakur would be jailed for sex abuse; he was released on bond later that year. When he got out of prison, Tyson and Shakur's friendship deepened. Both found it difficult to find people who truly cared for them, Tyson said.

"Our problem was we always had to worry about someone betraying us, our closest friends," Tyson said.

Friendship was so important to Shakur that he criticized Tyson when he selected a song from rapper Redman as his intro music at a fight.

"He said, 'Don't you ever play those (expletive) songs again, they don't give a (expletive) about you,'" Tyson recalled. "When he said that, it pierced my soul … I felt like I did something wrong."

After that talk, Tyson decided Shakur's raps would be his intro music for life.

It was partly because Tyson had chosen Shakur's music as his fight music that Shakur went to Tyson's fight in Las Vegas. He made a special rap for Tyson's big night. After the fight, which Tyson won by knockout, Shakur was to join Tyson at a victory party. But he never made it.

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GETTY IMAGES

▶ Mike Tyson's friendship with Tupac Shakur is the subject of a documentary on ESPN.

Misunderstood

Tyson, 44, said the world never understood the real Shakur.

▶ "He was probably a misguided warrior. He had a heart as big as this planet," Tyson said.

We paid for a weekend getaway in Vegas
with our TD Points
(even the Grand Canyon helicopter tour).
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Bure, Courtnall hitting the ice

Hockey stars Patrice Brisebois, Valeri Bure, Russ Courtnall and champion figure skater Ekaterina Gordeeva will be featured on the new season of CBC-TV's Battle of the Blades.

They join previously announced hockey veteran Theo Fleury and returning figure skaters Shae-Lynn Bourne, Isabelle Brasseur and Jamie Sale.

The second season of the campy reality series, in which veteran hockey players are paired with former figure skating champs for dance routines, features international competitors from Russia and the United States.

Other hockey players to compete on the upcoming edition are Kelly Chase, Georges Laraque, P.J. Stock and Todd Warriner.

Rounding out the figure skating contingent is Violetta Afanasieva, Christine Hough-Sweeney, Kyoko Ina and Anabelle Langlois.

The new season of Battle of the Blades premieres Sept. 26 on CBC-TV. The live competition begins the following Sunday, Oct. 3.

THE CANADIAN PRESS

Television

The PBS series Independent Lens says actress America Ferrera will host its ninth season of documentary films.

▶ Ferrera follows past Independent Lens presenters including Susan Sarandon, Terrence Howard and Edie Falco.

▶ PBS says Ferrera will make her debut when the award-winning anthology series begins its new season of 27 documentaries on Oct. 19.

▶ Ferrera won an Emmy, a Golden Globe and a Screen Actors Guild Award for her portrayal of Betty Suarez on ABC's Ugly Betty, which wrapped last year after four seasons.

THE ASSOCIATED PRESS

Writing women off?

Like everyone, we want to talk about Jonathan Franzen's latest novel 'Chick lit' author Jennifer Weiner questions all the attention

Chick lit's presence strong on the Web

Maybe chick lit doesn't get the New York Times inches Weiner would like, but it has a loyal following on the Web. Angela Smith, contributing editor to ChickLitClub.com (one of many sites devoted to the genre), tells us what makes the books so appealing to her readers:

"They make you laugh till you cry or bring you to tears just as easily. You can always count on these fabulous women authors to deliver something unique and wonderful."

We paid for a weekend getaway to New York with our TD Points (even the sightseeing tour).

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If Jonathan Franzen had been available for an interview, you'd be reading a feature on his new book, Freedom. But considering President Obama was spotted toting an advance copy and Time magazine dubbed Franzen the Great American Novelist on a cover last month, the guy is busy. We understand, but still feel compelled to talk about his book — something Philly-based author Jennifer Weiner finds curious.

In an interview with the Huffington Post, Weiner — herself a best-selling author of seven novels — admitted (perhaps a little bitterly) that she thinks gender plays a role in media coverage of commercial fiction.

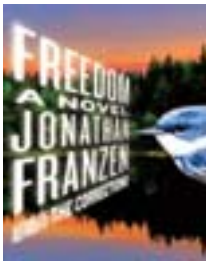
"Do I think I should be getting all of the attention that Jonathan 'Genius' Franzen gets? Nope. Would I like to be taken at least as seriously as a Jonathan Tropper or a Nick Hornby? Absolutely," she said, later adding: "All of them would be considered chick lit writers if they were girls."

While Franzen is definitely having his moment, Kabi Hartman, assistant professor of English at Franklin and Marshall College, isn't convinced there's a bias. "My guess is that Franzen fulfills an archetypal image we still have of the 'Great Writer' — aloof, tousled, tortured — and that archetype remains largely, perhaps essentially, masculine," she says. "However, I take comfort from the fact that 10 of the '20 Under 40' writers named by The New Yorker this summer are women."

Although no one is arguing that The Devil Wears Prada deserves a place on the shelf next to The Corrections, Crystal Patriarche, contributing books editor at SheKnows.com and a publicist for many women novelists, does think chick lit deserves more respect — and a new name. "In many cases, it's an overused term — these authors write books about motherhood and insecurities and families and real issues," she says.

Reading

- **Jonathan Franzen**
- **Freedom A Novel**



▶ It's not all chick lit: Elizabeth Strout nabbed the Pulitzer Prize for Fiction last year with Olive Kitteridge — and nobody called it chick lit.

I paid for my hotel with TD Points (even the room service).

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Donoghue up for Man Booker

Ontario-based author Emma Donoghue has made the short list for the prestigious Man Booker Prize for fiction.

The Irish-born writer's harrowing new novel Room is one of six contenders announced yesterday for the 50,000-pound $77,000 US prize, which guarantees a glut of media attention and a big boost in sales.

Donoghue's Room, about a boy who's never been outside the room in which he lives with his mother, made the Booker long list before it was even published.

When it finally hit shelves in Britain and Ireland, it was an instant bestseller. Now, various North American publications — including Oprah Winfrey's O magazine — have it on their must-read lists ahead of publication in Canada on Sept. 11 and the U.S. on Sept. 13.

Two-time Booker Prize winner Peter Carey is also a finalist for the prestigious award with his work Parrot and Olivier in America — a U.S. odyssey inspired by philosopher Alexis de Tocqueville.

Carey took home Bookers in 1988 for Oscar and Lucinda and in 2001 for True History of the Kelly Gang. He would be the first writer to win the prize three times, but is considered a long shot.

The early favourite, according to bookmaker William Hill, is British writer Tom McCarthy, whose wildly experimental C — the story of a technology-obsessed 20th-century everyman — has drawn comparisons to James Joyce.

The prize other finalists are In a Strange Room by South Africa's Damon Galgut, a previous Booker finalist; philosophical comedy The Finkler Question by Britain's Howard Jacobson; and Small Island author Andrea Levy's The Long Song, the story of a slave on a 19th-century Jamaican sugar plantation.

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▶ Emma Donoghue

New York is up for sale

Selling New York explores multi-million dollar real estate deals in Manhattan

Back in the day on Green Acres, Lisa Douglas used to sing, "I just adore a penthouse view."

She'd really adore Selling New York, the high-end real estate reality show premiering Sept. 8 on HGTV Canada.

How high end? Oliver and Lisa Douglas could not have afforded these castles in the sky. On a recent tour of four Manhattan penthouse properties showcased on the series, none were listed for less than $8.9 million. The priciest and most spectacular — an 8,300 sq. ft., Fifth Avenue penthouse across the street from Central Park and the Metropolitan Museum of Art — was listed at $28.5 million.

While that lavish residence boasts seven bedrooms and nine bathrooms, it doesn't come with parking.

"Many of our clients want their privacy and want no part of this."
MICHELE KLEIER

"If you live here, you don't need a car," says Michele Kleier, matriarch of the Gumley Haft Kleier agency, one of two real estate boutiques showcased on the series.

Kleier and her two daughters, Samantha and Sabrina, are key players in Selling New York.

They often walk their well-heeled clients through properties together, all in their matching red shoes and designer bags. They even finish each other's sentences.

Although discreet about dropping names, the high-end agents have helped A-list clients like Al Pacino, John Travolta and A-Rod find their cozy corners of Manhattan.

Selling lifestyles of the rich and famous to the rich and famous was why Kleier turned down the first few offers to front a real estate reality series.

"First, we never planned to be on TV, second we were nervous," she says from the massive master bedroom of a Park Avenue penthouse.

"Many of our clients want their privacy and want no part of this."

Neither, at first, did the Kleiers. Other networks had pitched similar show ideas, but the family was wary of being depicted as The Real Housewives of the Upper East Side. One producer promised that, as Kleier recalls, "we wouldn't position you as a train wreck, but very often that's how you come off." Thanks, but no thanks, said the Kleiers.

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▶ Samantha, Michele and Sabrina Kleier are seen at the door of a Fifth Avenue penthouse in New York City on their show Selling New York.

Need to know

Everything you need to know to get into Selling New York

- **Economy problems** The stubborn downturn in the economy still has Manhattan in its grip, but these agents don't scare easy. Ask them how business is and they'll admit things take a little longer to move these days and a few clients have dropped their prices. But the rich and famous still need places to live.
- **No closure?** At these prices, you won't see a lot of deals close on Selling New York. As the Kleiers note, each season is shot over three months, and it often takes that long to get even Fortune 500 clients to "sign off on the dotted line."
- **Some sales** There are sales in season 1, however, and plenty of drama in trying to get that commission.

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(even the room service).
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Danielle Staub latest to leave Real Housewives

Joins a long list of former stars that have recently gotten the boot

Bravo is cleaning house.

The network announced Monday that Danielle Staub, the fire-starter on The Real Housewives of New Jersey, would not be returning to the show. Throughout the tumultuous second season, Staub enraged Caroline Manzo, her sister-in-law Jacqueline Laurita and family friend Teresa Giudice, though Staub seemed to make amends at the end of Monday's reunion episode.

"The reunion was Danielle's last appearance on The Real Housewives of New Jersey," said Andy Cohen, Bravo's senior vice-president of original programming and development who also hosts The Real Housewives reunion shows. "We thought the hugs were a great way to end two seasons of bitterness between the women."

It's the latest in a series of Real Housewives departures. Sarcastic chef Bethenny Frankel, who starred earlier this year in the spin-off Bethenny Getting Married? told Us Weekly magazine last week that she did not want to return for the New York edition's fourth outing because last season was "scary and painful."

"Do I expect her to be holding an apple at the beginning of the show? Probably not," said Cohen. "I do hope to see her in the Housewives universe in some way."

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JEMAL COUNTESS/GETTY IMAGES

▶ Danielle Staub poses for a photo on the red carpet at the premiere of The Sorcerer's Apprentice earlier this summer.

Getting dumped

Some of the other Housewives stars who have been dropped by producers

- **Atlanta** Last month, energetic entrepreneur Lisa Wu Hartwell was also officially revealed to not be among the Atlanta ladies' third season, premiering Oct. 4. Producers said it was because she moved far outside of Atlanta area. NeNe Lekes, Kim Zolciak, Sheree Whitfield and Kandi Burruss will instead be joined by model Cynthia Bailey and lawyer Phaedra Parks.
- **Orange County** Lynne Curtain, the spacey mother of two rowdy teenage daughters introduced at the beginning of Orange County's fourth season, posted on her Facebook profile last month that she would not be returning to the show. Cohen wouldn't comment on the most recent cast changes.
- **An original** Only brash original housewife Vicki Gunvalson remains on the Orange County edition, while the New York, Atlanta and New Jersey chapters have all experienced cast changes.

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The Beatles' really big show

A new DVD about the Beatles' initial appearances on The Ed Sullivan Show is like cracking open a time capsule.

Almost as interesting as the band making its musical introduction to America in 1964 is the context in which it is placed. The DVD presents the programs exactly as they appeared that night — complete with hapless magicians or comedians, commercials that would shame Mad Men and illustrations of how the pace of television has changed.

The first night, Feb. 9, 1964, is a landmark in television. An estimated 73 million Americans tuned in, the largest ever for a TV show at the time, or three times the amount of people who watched the latest American Idol finale, according to the Nielsen Co.

A similar DVD was made available in 2003, but without the commercials and with limited distribution. Yesterday's release of The 4 Complete Ed Sullivan Shows Starring the Beatles has some interviews and material that hasn't been seen since the 1960s.

THE ASSOCIATED PRESS

MOHAMMAD SAJJAD/THE ASSOCIATED PRESS

▶ The goodwill ambassador of UNHCR, Angelina Jolie visits a camp setup for people displaced by heavy floods, in Mohib Banda near Peshawar, Pakistan yesterday.

Jolie meets flood victims

- Urges countries to give more aid
- Appealing to help Pakistan

American movie star Angelina Jolie met flood victims in northwestern Pakistan on yesterday and appealed to the international community to provide aid needed to help the country recover from the worst natural disaster in its history.

The flow of aid money has stalled in recent days, and officials expressed hope the two-day visit by Jolie — who serves as a "goodwill ambassador" for the U.N.'s refugee agency — will convince foreign countries and individuals to open their wallets and give once again.

The 35-year-old actress said she met with many people whose lives have been devastated by the floods, including mothers who lost their children and an elderly Pakistani couple who feared they would never be able to rebuild the homes that they've lost.

"I am very moved by them and I hope that I am able to, today and tomorrow, be able to do something to help bring attention to the situation for all of the people in need in Pakistan," Jolie told reporters after visiting a refugee camp in the Jalozai area.

She toured the area wearing a long black robe and a black headscarf adorned with a thin red stripe — the kind of conservative clothing worn by many Muslim women in Pakistan.

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Arquette fits in well in Land of the Astronauts

David Arquette took a break from filming the latest instalment of the Scream horror franchise to make a rocket-fast trip to Montreal to plug his new film The Land of the Astronauts.

In Astronauts, which screened in competition Thursday at the Montreal World Film Festival, Arquette plays Jack MacKenzie, a once-successful composer whose career has hit the skids, requiring him to work as a limo driver to make ends meet.

If that weren't tough enough, he's also battling alcoholism and grappling with the death of his oldest daughter. He befriends an A-list actor who could put his career back on track — but not before the story takes a few surreal twists.

"I just loved the script and the character and the sort of package that came together," Arquette said Friday.

A member of the Arquette acting family that includes sisters Patricia (of TV's Medium) and Rosanna, David Arquette has been a director, producer, screenwriter and wrestler as well as an actor.

He's done a slew of TV and film roles, gaining attention for playing Deputy Dewey Riley in the Scream movies starting in 1997.

He's reprising his role of Riley, starring alongside other Scream alumni including his wife Courtney Cox, of Friends and Cougar Town fame, and Neve Campbell.

"I just hopped here this morning and I hop back there tomorrow," said Arquette, who made his first visit to the Montreal film festival.

He said it's been "really great" being back on the Scream set.

"It's been a lot of fun, working with (director) Wes Craven again — always a dream — and working with my wife and Neve Campbell. There's a lot of crew members on the film as well that have been along for this 16-year-ride so it's quite the experience."

Arquette pointed out it's rare in Hollywood to have the chance to be connected to a project such as the popular horror franchise for so long.

JOHN SHEARER/GETTY IMAGES FOR GQ MAGAZINE

"I love independent films. There's a creative energy behind them that's a little scrappier. It's a lot of fun to dive into those characters and that kind of emotion."
DAVID ARQUETTE

"Through the course of it, I've gotten married and had a child," he said. "It's really had a significant impact on my life."

But is he surprised Scream has lasted so long?

"Yeah, I am," he said with a chuckle. "But I'm glad. It's really been fun. This one, I think, is probably closest to the first."

The Land of Astronauts, which is based on the experiences of a friend of director Carl Colpaert, is a switch from Arquette's other roles, which have included a fair share of goofy characters.

He said the complex role "really interested me as a kind of step back to the beginning of my career when I did a lot more independent film."

Arquette also said he liked the fact that the character was a composer and "that music was a big element in his head and in the film."

It was an aspect Colpaert said Arquette fought to preserve when the filmmakers considered changing the character to a writer.

"Thank God David kept fighting for the composer because at the end of the day it's an audio-visual medium we're in," said Colpaert. "I think the music really pushed it

THE CANADIAN PRESS

▶ Michelle Rodriguez stars in Machete.

Machete's Alba and Rodriguez on being beautiful an playing tough women
"I like her scene with the stiletto heel, sticking it in the guys eyeball"

Tough, sexy gals from Hollywood

Jessica Alba and Michelle Rodriguez have a great deal in common — they are both beautiful women, they are both box office gold and they both demand strong female roles.

Never more so than in new Robert Rodriguez movie Machete.

Rodriguez points to one scene in particular which she says embodies that combination of toughness and sexiness saying: "I like her scene with the stiletto heel, sticking it in the guys eyeball.

"Dude I've been waiting for that moment. I've always wanted a 007-moment like that, where the chick takes off the metal heel and, I don't know, presses a button and it shoots out in between somebody's eyeballs or something, but that's very close."

Toughness, sexiness and not a little sociopathy perhaps. It's a choice to play those kind of roles, Alba points out, adding: "We try not to feed into the typical stereotype of the victim ditsy chick.

"Like, oh my god, you're so hot," — the latter line delivered a comic Californian accent.

The only downside to demanding these kind of roles is that it can get expensive.

"It means not working", she says "and it also means not getting paid the same. It's a choice." But the choice to work with Robert Rodriguez on Machete and not getting paid a lot was an easy one, because he "gets it" both women confirmed.

Rodriguez adds: "He gets strong women. He understands how to take your attributes and exploit them appropriately. If a girl shows a little sign of intelligence, exploit that."

Rodriguez, with her heart on her sleeve as usual, adds: "I'm tired of the idea that I have to be a representative of some sort to the fashion world"

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Easy A's Stone set for starring role

SASHA PERL-RAVER
SCENE@METRONEWS.CA
METRO WORLD NEWS IN LOS ANGELES

Since the mid-1990s, setting classic literature in contemporary high school has produced some hits (Clueless, Ten Things I Hate About You) and some misses (Cruel Intentions, She's the Man). Easy A, a re-mastering of Nathaniel Hawthorne's 19th century tale of adultery and pious prudence, the Scarlet Letter, fits quite nicely with the first group.

Newly minted It Girl (and Lindsay Lohan thunder-stealer) Emma Stone stars as Olive Penderghast, a high schooler who takes a page from her assigned reading material and uses Hawthorne's lessons to grease the school's rumor mill, upping her social and financial standing. Stone says she was attracted by the way the script addressed topics anyone who's been to high school could relate to without pandering.

"The subject of gossip, judging a book by its cover without knowing the full story, extremism, technology and they way information travels, the speed of everything," she explains. "Like when Olive says something and it goes all the way around and gets back to her and it's been 30 seconds. What's messed up is that's actually the way things happen."

The 21-year-old starlet admits taking on her first leading role was more than a little daunting.

"I was a little [anxious] the whole time," Stone says, chuckling. "I didn't know I was such a micro-manager, but I am. I had to be up first and be there last every day. In my spare time, I'd try to sleep, which I wasn't doing too much of. I think it was less about the size of the role and more about wanting to do the character justice. But that pressure didn't come from anyone else, it was all self-inflicted."

▶ Emma Stone stars in Easy A.

The result of all that self-imposed pressure is a performance that has Hollywood searching for labels to define the young star. As far as any similarities to Lindsay Lohan (the red hair, the throaty rasp, the high school movie rocketing her into the stratosphere), Stone refuses to comment, instead offering a wry, knowing grin. She is, however, quick to bat away her newfound title as the Next Big Thing.

"That's nice," Stone shrugs, "but it's such a fleeting label to put on someone. A week later they say 'And this girl is the new It Girl.'

"I just hope I get to keep working steadily because it's been nice to call this my only job. My ultimate goal is to not have to go work somewhere else. I'm so lucky and happy to be here, today. It's amazing now and I'm just trying to appreciate it."

Stone bonds with director

The mere mention of Easy A director Will Gluck's name incites Emma Stone to smack the table and proclaim, "Will, I love him! Don't tell him I ever said that."

According to both the actress and the director, they share a sibling-like bond that allows for unmitigated ribbing and blunt honesty. "He calls me out on everything!" Stone groans, rolling her eyes in mock annoyance. "He doesn't let anything slide. If I'm like, 'Ahhh, that sucked,' he's like, 'That did suck. Go again.' That's what I like! People who are honest with you push you to be better."

SASHA PERL-RIVER

▶ Jessica Alba in Machete.

No freebies, please

As a well known actress you get sent a lot of free clothes and jewelry, but companies that do so won't see much live advertisement in Jessica Alba and Michelle Rodriguez.

"I stopped taking free sh*t, because I realized it was such a waste", says Rodriguez, "none of it is my taste, people don't know anything about me, they don't know what I like. It's so horrible. Sometimes I'm like 'wow, people actually wear this stuff?"

Alba adds: "But I have 13 cousins that really like it,"

"But after a while of giving it away to friends and family, even they didn't start liking the stuff that I was getting for free so I just altogether told them 'No! Stop sending me stuff!'" METRO

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True life, true story

2010 is gearing up to be one of the best years for documentaries — ever! Two movie experts weigh in on what's in store for the next few months What films are already being labeled as Academy Awards contenders

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DOROTHY ROBINSON
SCENE@METRONEWS.CA
METRO WORLD NEWS IN NEW YORK

This summer, the editor-in-chief of Fandango.com, Chuck Walton, decided to watch 100 films in 100 days. And although he might be approaching movie fatigue at this point, he was able to talk with us about what documentaries will soon be big. "Documentaries have changed," he says about the genre. "It's not the same old 'I'm going to educate you about something' kind of film, but rather it's a great style of storytelling."

The Tillman Story

"I saw Restrepo over the summer and really loved it," Walton says regarding the film chronicling the year journalist Sebastian Junger and a photographer spent with an American platoon in Afghanistan. "(The Tillman Story) is a different, more personal take on the Iraq war," he says of this doc about the death of former NFL player and U.S. Army Cpl. Pat Tillman.

"Getting nominated makes a huge, huge difference in the careers of the filmmakers. If you look at this year's top docs, the vast majority are directed by previously nominated filmmakers."
SCOTT FEINBERG

Freakonomics

Walton is curious about Freakonomics not only because it's based on the best-selling book, but also because the style of the film is so appealing. "Each vignette (five in all) is by a different documentary filmmaker, including Alex Gibney and Morgan Spurlock," he says of the award-winning Taxi to the Dark Side and Super Size Me directors, respectively.

Waiting for Superman

"Anyone who is a fan of An Inconvenient Truth will be interested in this film," says Walton. Directed by Davis Guggenheim (An Inconvenient Truth, It Might Get Loud), Superman analyzes the failures of U.S. public education by following students navigating the system.

I paid for my all-inclusive vacation with TD Points (even the jet-ski rentals).

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Catfish and I'm Still Here

These films fall into the "Are they really documentaries?" category.

Catfish which details one man's quest to figure out the true identity of a woman he met on Facebook, and I'm Still Here, a film on Joaquin Phoenix's transition into a hip-hop artist, are both raising questions about what constitutes a true doc. Walton says these unique takes are helping make the genre more relevant: "Both play around with the format to make it more entertaining."
METRO

▶ Joaquin Phoenix

More Oscar bait

We asked Scott Feinberg, film industry analyst and film blogger (scottfeinberg.com), for his predictions on which docs will be nominated this year:

- **Waiting for Superman** – Looking at the failures of the American public education system.
- **Inside Job** – A documentary about the financial crisis.
- **A Film Unfinished** – Focuses on a Nazi-produced film about the Warsaw ghetto
- **Client 9: The Rise and Fall of Eliot Spitzer** – A doc on former New York governor Eliot Spitzer's rise and fall.
- **Joan Rivers: A Piece of Work** – Explores the life and career of the famous comedienne.

Vegas police defend Paris' quick release

GETTY IMAGES

▶ Paris Hilton was arrested and charged with one felony count of cocaine possession on Aug. 27.

Las Vegas police are defending Paris Hilton's quick release from jail after her Aug. 27 arrest on suspicion of cocaine possession, saying they wanted to avoid disruptions in the jail's operations.

Hilton was out of the jail in about three hours, roughly half the average time it takes to process people facing the same charge, the Las Vegas Review-Journal reported.

Metropolitan Police Deputy Chief Jim Dixon, who runs the jail, acknowledged Hilton was pushed through the booking process to get her into a separate room and out of the jail as soon as possible.

He noted a crowd of about 100 people gathered outside the Wynn Las Vegas resort to snap photos and shoot video of Hilton while her boyfriend, Cy Waits, was pulled over and arrested on suspicion of driving under the influence.

"Yeah, she was treated differently so I don't have a disruption of my process here at the county jail," Dixon told the Review-Journal. "When you bring somebody in like that, everybody comes over and tries to look at them. I'd have officers attempting to keep inmates away from her. I'd have disruptions."

Because of overcrowding, Hilton presented a major problem for jailers, Dixon added.

Hilton, 29, was charged with one felony count of cocaine possession after authorities say she opened a purse in front of a police lieutenant and a small baggie of cocaine fell out. Hilton claims neither the purse nor the cocaine was hers.

She's scheduled to appear before Las Vegas Justice of the Peace Joe Bonaventure on Oct. 27.

THE ASSOCIATED PRESS

Aniston seen with TV star

Jennifer Aniston stepped out recently with Cougar Town star Josh Hopkins, sharing a two-hour dinner at popular restaurant Madeo in Beverly Hills, according to People magazine.

"She and Josh sat at a more private table and they seemed to get along great," a source says. "It was obvious that they don't know each other well, but there was a flirty energy between them and Jen looked very happy." METRO

Oksana wants Mel to pay for her PR costs

GETTY IMAGES

▶ Oksana Grigorieva wants Mel Gibson to pay out more money in a custody case.

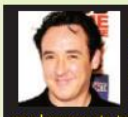
Oksana Grigorieva has some new demands in her ongoing custody battle with Mel Gibson, according to TMZ. The Russian singer is reportedly asking the judge to make Gibson pay her an addition $84,000 to pay off the public relations firm she's been using.

Grigorieva is also reportedly looking to have her monthly stipend increased from $6,000 to $40,000. Sources doubt the judge will award approve any money for the publicist, as it's not for the care of her and Gibson's daughter.

METRO

Celebrity tweets

Jessica Simpson [@JessicaSimpson] This day last year my life changed because I lost my baby Daisy Mae- the best pup of all time...give your dog some extra love today!!



John Cusack [@johncusack] i'm just as hard on democrats too -- FDR was great but dems are as much in the bait and switch game these days as the gop.. i'm sad to say.

Katy Perry [@katyperry] In Italy having an Eat Pray Love moment stuffing my face w/ spaghetti (say w/accent) Loving it, eating it, praying it won't stick.

Cat Deeley [@catdeeley] @jamie_oliver cooked your roast chicken today with creamy cheesy leeks and green beans! Delicious! ven if I do say so myself! METRO

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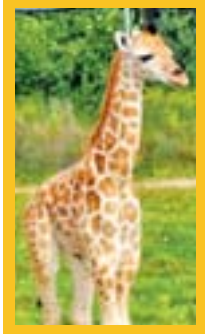

The largest herd of Rothschild giraffes in Canada is now a little bigger, with the birth of Johanna at the African Lion Safari. The 300-hectare drive-through park, which also features lions, baboons, zebras, elephants and other animals, says the healthy 1.6-metre-tall giraffe arrived Aug. 18, standing up within minutes of birth.

THE CANADIAN PRESS

Renewed Bandelier National Monument tells story of New Mexico's pueblo people

Sure, there are hundred dollar bottles of wine in Napa Valley, but you don't have to crush your budget to have a great time From touring avant-garde art, to gliding up a mountain on a gondola so you can sip champagne at the top, there are plenty of low-cost options

ERIC RISBERG

▶ Heather de Savoye, left, and Amy Hall sample wine following a tour at the Rubicon Estate Winery in Rutherford, Calif.

Napa Valley offers grape fun

No doubt about it, the Napa Valley can be expensive. But there are vine values to be found if you know where to look.

Here are five things to do in wine country for $25 or less each:

Art au natural The di Rosa art preserve features groundbreaking artworks from the San Francisco Bay area set in 88 hectares of vineyard and gardens at the southern end of the Napa Valley. Created by collectors Rene and Veronica di Rosa, works are housed in their former home as well as the grounds. Your visit can be as simple as a free jaunt through the Gatehouse Gallery, at the entrance, to guided tours of the grounds and the di Rosas' former home.

The Rubicon of Wine Love movies? Love wine? Then a tour of Francis Ford Coppola's Rubicon Estate may be an offer you can't refuse. Founded in 1880, by the 1970s, the winery had fallen on hard times, which is when director Coppola came across it and began a 25-year journey of restoring the chateau and winery.

Old Faithful It's all about water, not wine at the Old Faithful geyser in Calistoga at the top of the valley. This isn't the biggest geyser in the world, but it is regular, spouting off every 40 minutes or so. The water, about 350 degrees, shoots as high as 18 metres. This is one place in Napa where kids are welcome.

Up in the air Take a gondola ride at Sterling Vineyards up a hillside to the beautiful, white-stucco winery. Adult guests are greeted with a glass of wine and then sent on a self-guided tour that offers a glimpse of winemaking operations and barrel storage before emerging on to a sunny rooftop patio with a breathtaking view of the valley. Tastings are set up in five stages along the tour.

From the terrace Finish your day by heading south to Domaine Carneros. This is a sparkling property built in the style of a French chateau. It's also one of the few wineries where you can get table service. Sit on the terrace overlooking a rolling green sweep of vineyard and order a glass of bubly and plate of cheese.

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If you go

- **The di Rosa art preserve,** 5200 Sonoma Highway, Napa, Calif., 707-226-5991, dirosaart.org. Open Wed. to Fri., 9:30 a.m. to 3 p.m. Tours and tastings start at $15 US.
- **Rubicon Estate,** at 1991 St. Helena Hwy., Rutherford, Calif., 800-782-4266, rubiconestate.com. Open daily 10 a.m. to 5 p.m.
- **Old Faithful geyser,** 1299 Tubbs Lane, Calistoga, Calif., 707-942-6463, oldfaithfulgeyser.com. Adults, US$10, seniors, $7 US, children, 6-12, $3 US, under 6, free.
- **Sterling Vineyards,** 1111 Dunaweal Lane, Calistoga, Calif., 800-726-6136, sterlingvineyards.com/home. Tour and tasting starts at $25 US.
- **Domaine Carneros,** 1240 Duhig Rd., Napa, Calif., 800-716-2788, domainecarneros.com. Table service from 10 a.m.to 5:45 p.m.

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▶ A freighter is guided down the Miami River by a tugboat in Miami.

Touring the Miami River offers a glimpse of the city's rich history beyond just the glitz and glamour of famous South Beach

The Miami River isn't the prettiest body of water in the city.

It's not the clearest or the cleanest, and it's certainly not made for swimming. But along its banks are remnants of Miami as it once was.

Upstaged by the city's sizzling beaches and ocean views, the river is often overlooked. But visitors wishing for an unvarnished yet still charming view of Miami may consider touring the almost nine km-long waterway with HistoryMiami — the city's cultural and historical centre.

"In Miami, you have these celebrity tours that just talk about who lives where. It's strictly a rich-and-famous thing," said historian Paul George, who leads the boat tours. "My tours are heavily historical and architectural."

But that doesn't make them boring.

George, a native Miamian who grew up playing around many of the riverside landmarks, displays obvious excitement for and encyclopedic knowledge of his city.

The tour, offered several times a year, begins near the Miami Circle where the Tequesta aboriginals carved an inverted dome into the bedrock some 2,000 years ago, perhaps as part of the foundation for an important structure at the river's mouth.

"Miami's not just a famous, glitzy kind of shallow tourist city."
PAUL GEORGE, HISTORIAN

A few blocks west, lies the Royal Palm Cottage, which once housed men working for Henry Flagler, the New York developer who brought in the railroad system and helped build up Miami from swampland.

Upriver, the banks change from luxury hotels to weather-beaten fishing boats. This is a working river which produces some $4 billion US in trade each year and sustains some 7,000 jobs.

Amid the industrial bustle, George points to the "hidden gem" of Sewell Park — a 10-acre green-space boasting hundred-year-old palm trees.

The tour then floats past the eatery Garcia's Seafood Grille and Fish Market, where food comes in fresh from the family's fleet of lobster, stone crab and fishing vessels.

"Miami's not just a famous, glitzy, kind of shallow, tourist city," said George, adding that his tour "gives you an appreciation of the variety of people and experiences and places in greater Miami."
THE ASSOCIATED PRESS

If you go

- **HistoryMiami,** 305-375-1621. Next tours are Oct. 23 and Dec. 11. Tickets: $49 US a person. Reservations required in advance.
- **Boarding** Go to the Miami-Dade Cultural Center to meet the guide, 101 West Flagler St.

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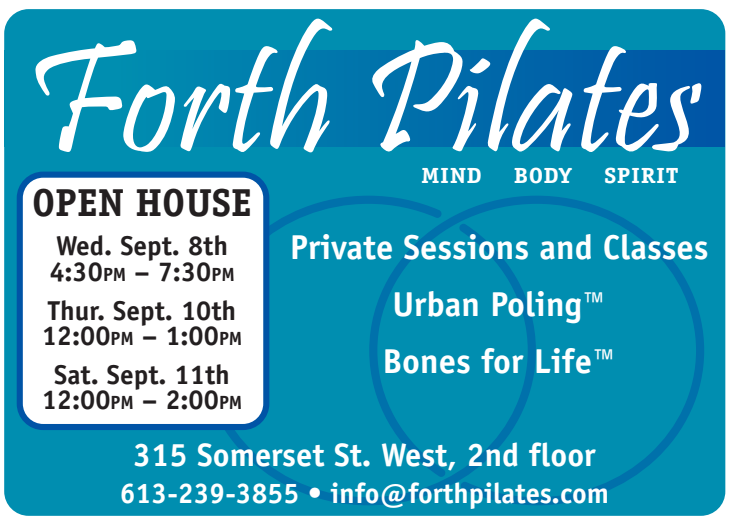

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STEVE LAMBERT/THE CANADIAN PRESS

It's all about the birds at marsh

▶ The Oak Hammock Marsh, a restored wetland north of Winnipeg, is home to more than 300 species of birds.

Manitoba wetland provides unparallelled views of 300 species of migrating birds ◐ Just outside Winnipeg, also offers a clear gaze of constellations and northern lights

Just north of Winnipeg lies a pristine wetland offering unspoiled views of birds.

Oak Hammock Marsh, established by Ducks Unlimited and the Manitoba government, is made up of 36-square-kilometers of wetland that is home to more than 300 species of birds — everything from finches to eagles to elegant white pelicans — as well as 30-odd types of mammals in including beavers and ground squirrels.

The marsh has a three-storey centre with a grass roof. It's the highest structure within kilometres, so a visit to the observation deck provides a 360-degree view to the horizon.

During the busy fall migration season, which lasts from early September to mid-October, you can watch hundreds of thousands of birds come and go from every direction.

"It's ... almost like a gas station along the highway would be for a car," said Jacques Bourgeois, the facility's event co-ordinator.

Lying along a route used by birds that travel to northern Canada in the summer and as far south as Florida in the winter, the preserve offers a safe place to stop with plenty of food. Birds gorge for two or three weeks, eating what would amount to dozens of pizzas each day for a human and adding 10 per cent to their body weight before continuing on their journey.

Thirty kilometres of walking trails that meander through the marsh are designed to minimize human impact on the environment. And, because it is free of light pollution, the centre provides a clear view of the stars.

Once a month, the centre offers an indoor theatre presentation about the constellations, followed by a look at the real thing from the rooftop. It has also become a hot spot at which to see the northern lights in fall, when the days get noticeably shorter and aurora borealis visibility peaks.

THE CANADIAN PRESS

If you go

Oak Hammock March, is off highway 67, about 20 minutes from Winnipeg. Admission: $6 for adults, $5 for seniors and $4 for children; oakhammock marsh.ca.

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Departs Oct 8/ggv.

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INCLUDES central accom. Travel Oct 11/ggv.

1000 Islands 3 Nights $278
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INCLUDES accom in the heart of the Thousand Islands. Departs Oct 11/ggv.

Paris Air + 6 Nights $869*
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CRUISE roundtrip Miami and visit San Juan, St Maarten & St Thomas. Sails Dec 11/cnv.

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Carnival Imagination — + taxes & fees $68^
CRUISE roundtrip Miami and visit Key West & Cozumel. Sails Dec 13/cnv.

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CRUISE from Venice to Lisbon and visit Split, Naples, Rome (Civitavecchia), Nice (Ville-Franche), Barcelona & Seville (Cadiz). Sails Nov 11/rcl.

Southern Caribbean
11-Night Cruise $649
Celebrity Millennium — + taxes & fees $60
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Southeast Asia Christmas
16-Night Cruise $1899^
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INCLUDES Nob Hill accom, close to Union Square. Departs Nov 17/ggv/dl. ADD Wine Country tour for $74.

New York Air + 3 Nights $699
Excelsior Hotel — + taxes & fees $112
INCLUDES Manhattan accom. Departs Nov 17/ggv/ac.
ADD Top of the Rock observation pass for $21.

Hawai'i Air + 7 Nights $898
Castle Ocean Resort Hotel — + taxes & fees $119
INCLUDES Waikiki accom. Departs Oct 12/ggv/dl.
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TICO

THE ASSOCIATED PRESS

▶ The new iPhone application, mTrip, uses the latest in smart phone technology to make it easier to stay on track in a foreign locale.

The future of travel is here

mTrip application for iPhone blends technology and travel reality ◐ Serves as travel guide all over world

The new iPhone application mTrip is a travel guide and then some: Using the latest smart phone technology, it helps travellers stay on track while abroad.

But isn't getting lost part of the fun of travelling? So-called "augmented reality" became more widely available about a year ago and takes advantage of a smart phone's GPS and compass features, along with access to high-speed wireless networks, to mash up super-local web content with the world that surrounds you.

It works like this: You turn on the application, hit the augmented reality button and then look through your phone's camera at the Brooklyn Bridge or the Empire State Building. Icons pop up that show you other points of interest, or restaurants within about a kilometre of your location, whether the restaurant is open, and what reviewers are saying about it.

MTrip developers partnered with travel guide company Sparks to provide content but also rely on user-generated reviews and suggestions. There's a spot in the app that allows you to send a new place back to mTrip for reviews and additions to its list.

The app also has something called mTrip genius, which works similarly to the genius feature in iTunes. You note whether you want more or fewer parks, religion or monuments, and it designs an itinerary for you.

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CHARLES SYKES/THE ASSOCIATED PRESS

That's amore!

▶ Eataly is the brainchild of some of New York's Italian culinary heavyweights.

New York food complex dedicated to all things Italian ◐ Includes restaurants, wine shop, bakery and marketplace

A sprawling complex dedicated to Italian food and wine opened yesterday in Manhattan, offering seven boutique restaurants, a wine shop, bakery and patisserie, plus a supermarket-sized marketplace.

Founders of the 4,600-square-metre Eataly claim it's the largest site in the world dedicated to high-quality Italian food. Fresh ingredients and minimally processed foods are emphasized, and nothing is frozen except the gelato.

"Everything that's fresh is local — fish, beef, milk, vegetables — and then the best of Italian ingredients, reggiano parmigiano, balsamic vinegar, extra virgin olive oil, are imports," said founder Joe Bastianich. "So it's not didactically everything from Italy. It's the spirit of eating in a true Italian way."

There's a rooftop beer garden and a culinary school teaching the art of making pasta dough or make fresh mozzarella.

Manhattan's Eataly is the brainchild of culinary heavyweights Oscar Farinetti, Mario Batali, and Batali's New York City partners, Lidia and Joe Bastianich. Farinetti founded a similar complex in Turin, Italy, located on the city's outskirts near Fiat headquarters as well as an Eataly in Tokyo.

The landmarked building already had an ornate marble lobby, with elements that now evoke the feeling of an Italian piazza.

Shopping and eating at Eataly is not a bargain, but budget-conscious diners can enjoy the Italian experience without spending excessively.

THE ASSOCIATED PRESS

If you go

Eataly Lis located in the lobby of an historic building at Fifth Avenue and 23rd Street.

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if poutine is part of your routine.

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▶ Spaghetti with Butternut Squash, Sage and Pecorino from The Vegetarian Student Cookbook. Ryland Peters & Small; rylandpeters.com.

Veggie loving students now have options

Spaghetti with Butternut Squash, Sage and Pecorino

Preparation:

1 Bring a large saucepan of water to the boil and add a pinch of salt. Drop in the pasta and cook according to the instructions on the packet.

2 Heat the oil in a frying pan over high heat. Add the squash and cook for 5–6 minutes, turning often, until golden but not breaking up.

3 Add the garlic and sage to the pan and cook for 2–3 minutes. Remove from the heat and leave to sit to allow the flavours to develop.

4 Drain the pasta well and return to the warm pan with the squash mixture.

5 Add the parsley and half of the Pecorino and season well with salt and pepper. Serve with the remaining cheese sprinkled over the top. Makes four servings.

FROM THE VEGETARIAN STUDENT COOKBOOK

Ingredients :

- 14 oz. dried spaghetti
- ¼ cup olive oil
- 14 oz. butternut squash, peeled, deseeded and cut into thin wedges
- 2 garlic cloves, chopped
- freshly chopped parsley
- ½ cup Pecorino, grated or shaved
- 10–12 small fresh sage leaves
- salt and black pepper

The importance of confidence in the kitchen

Over the course of a college or university career, some of the basic skills of life manage to be overlooked

Budgeting, cleanliness and hygiene aside, it seems a key area of neglect for today's post-secondary students and recent grads is cooking.

For every whiz who can whip up some salmon risotto, there's a dunce whose go-to gourmet dish includes mixing cheese powder with macaroni noodles.

While many consider this a result of the high demands and hectic schedules of the modern world, Maribel Linfield — an expert chef and food educator — says it's really just a matter of "kitchen confidence."

"A lot of people are afraid of the kitchen for one reason or another," she said in an interview from her home in Waterloo, Ont. "They never learned to cook, so they find it intimidating, impractical or time consuming."

Linfield doesn't buy it. She was in the culinary industry for 24 years, working at acclaimed restaurants like Langdon Hall in Cambridge, Ont., before deciding to launch her own online cooking school.

Her site, fooddiva.com, features a series of entertaining videos that Linfield produces herself. She explains the basics of "kitchen confidence" so that new users understand that the kitchen is something to be embraced, not feared.

And, of course, she teaches the culinarily challenged how to make food taste, and look, seductively delicious.

"I always thought that because cooking is a life skill, there has to be a convenient and affordable way to get the accurate information that is out there," she says.

Linfield also hosts interactive workshops in the kitchen of her home, and hosts a cooking summer camp for kids.

For the college or university student who is perhaps buying groceries on their own for the first time, Linfield's site offers an easy-to-use approach to food education, which will have them reaching for items with knowing confidence rather than bewilderment.

THE ASSOCIATED PRESS

DAVE CHIDLEY/THE ASSOCIATED PRESS

▶ Maribel Linfield, of The Food Diva an online cooking class, poses in her kitchen in Waterloo, Ont.

Brought to you by Dairy Farmers of Canada

The Health Benefits of Omega-3 DHA

Jane Dummer, RD

With all the health benefits linked to omega-3s for both you and your family, it's no surprise they are being added to many everyday foods. They can be found in products such as milk, yogurt and cheese that are enriched with DHA—a specific omega-3—to take extra advantage of the goodness of this nutrient.

Benefits Galore

Omega-3 fats are important during all stages of life.

Omega-3s, especially DHA, are crucial for the healthy brain development of infants and children, when its growth is at its fastest and most crucial stage. DHAs pass from mother to baby during pregnancy and breastfeeding, so it's especially important for expectant and new mothers to make sure they get enough in their diet. Once toddlers switch to homogenized milk they need another source of DHA—thus the importance of fish and enriched foods.

Not only do DHAs help develop healthy eyes in babies and children, but low intakes have been associated with numerous neurological and visual system problems. And the benefits don't stop in childhood. In adults, DHAs are strongly associated with lowering the risk of heart attack and stroke.

And if all that's not enough evidence as to why you should include omega-3s in your family's daily diet, studies also suggest that the anti-inflammatory properties of these fatty acids may reduce the stiffness and pain of joints afflicted with arthritis.

What are Omega-3s?

Omega-3s are a type of polyunsaturated fat known to be good for health. The three main types are ALA, DHA and EPA. ALA is an essential fatty acid, which means our bodies need it, but we can't produce it on our own, so we need to get it from the foods we eat. Walnuts, flax seeds and canola oil are good sources.

Our bodies can produce DHA and EPA from the ALA we consume, however, this is not as efficient as getting them directly from food, therefore, it is important to consume DHA and EPA through our diet. These omega-3s can be found in fatty fish such as salmon, sardines and mackerel. Research shows that both DHA and EPA are important in many areas, including heart health and brain health.

THE EASY SOLUTION

While there is no official recommendation in terms of how much is enough, experts suggest a daily intake for healthy adults of DHA plus EPA in the range of 250 to 500 mg from their diet to benefit from the protective effect against heart disease. Also, a daily intake of 100 to 150 mg is proposed for children to assist with brain development.

DHAs are found mainly in fatty fish. Current recommendations for Canadians include 2 servings of fish per week. In addition to fish, DHA-enriched milk products make a lot of sense because they are more likely to appear on the menu on an everyday basis, just one more reason to benefit from at least 2 to 4 servings of milk products a day as recommended by Canada's Food Guide to Healthy Eating.

Build omega-3s into your routine

- Sprinkle walnuts on your yogurt and ground flax seeds in your baking.
- Try to have a couple of servings of higher-fat fish for dinner every week such as salmon, mackerel and sardines.
- Scramble up a couple of omega-3 enriched eggs for breakfast.
- When you go grocery shopping, bring home DHA-enriched milk, yogurt and cheese and enjoy some each and every day.
- For new easy ways to enjoy DHA-enriched milk products, use them in your regular recipes or check out some of ours at the website below.

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Let's make a deal

Networking site Fiverr.com offers services for less than $5

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▶ What's Your Five Dollar Dexterity? Find out at Fiverr.com.

A website anonymously pairing people looking to have tasks out of their realm completed quickly and inexpensively with those able to offer such resources for the nominal, unwavering fee of five dollars, Fiverr.com is one of the world's fastest-growing serviced-based networking sites.

"Finding outsourced or freelanced minor tasks that are monumental and time consuming for the novice but simple for the experienced. That's what this site is," notes Micha Kaufman, co-founder of Fiverr.com about his creation. "The idea of Fiverr is to capture this notion that everyone is a micro-entrepreneur and can turn a profit from it."

Used by homemakers, students, amateurs and professionals alike, a quick glimpse of Fiverr.com unveils offers of everything from the outlandish (emailing pets/writing gag songs) to practical (designing Flash logos for businesses) in an effort to allow capitalization on one's particular speciality.

Today, thousands of people buy and sell expertise or kitsch through the strictly-online service which allows person-to-person, person-to-business and business-to-business employ by simply placing an order through Fiverr.com. Enrolled participants may purchase from other Fiverrs or post their own offers, with solicitations sent via email. Upon completion of the task, payment is rendered via the entrepreneur's PayPal account with a percentage going to maintain the Fiverr enterprise.

"I draw caricatures of people," notes Vancouver-based political cartoonist J.J. McCullough who uses Fiverr as an addendum to his own filibustercartoons.com site. McCullough's work has quickly made him a popular contributor.

"It's fun to browse, trade and exchange with other Fiverrs as a self-promotional tool; great for offering simplistic, minimalist services."

With its ease-of-use, low financial impact and increased online presence, Fiverr.com required little advertising to gain notoriety. Building a membership base principally via word-of-mouth, Kaufman notes that the site appeals to both dedicated dollar earners and those seeking diversion.

"Because Fiverr.com is available for both financial gain as well as personal fulfillment, fun and social connectivity, its value is broad; far beyond just making a few dollars. Some people have proven their abilities through Fiverr and moved on to great jobs. Others sell their abilities or wares just to do something amusing."

Micha Kaufman is an enthusiastic customer.

"Apart from the 'eat your own dog food' that most companies should do, I've tried all kinds of things; spent tons of money here in small five dollar doses," he laughs. "Mostly on special gifts for loved ones like special postcards or having a song written and recorded for my wife."

METRO

Growth spurt

Launched a mere six months ago, Fiverr.com has taken off like something out of the late-'90s dot-com boom.

It is already the 450th most popular website in the U.S. and 800th globally; has just surpassed 100,000 services offered/rendered in that brief time span. Even

"Fiverr.com is intuitively simple. It takes only seconds for anyone to buy or sell whatever you need for five dollars."
MICHA KAUFMAN

RESIGNATION LAWS FAVOUR EMPLOYEES

Workplace Law

DANIEL LUBLIN
IS AN EMPLOYMENT LAWYER WITH WHITTEN & LUBLIN LLP.
DAN@CANADAEMPLOYMENTLAWYER.COM

Canadian employees have no right to severance pay if voluntarily leaving their job. They may claim this is unfair — but not so fast: The laws of resignation generally work in their favour.

Employees tendering their resignation are sometimes free to withdraw it and continue as before. Just ask top-gun computer executive Andrew Kieran, who stated he would leave his job but then changed his mind after his employer, Ingram Micro, proposed to accept his "resignation." Since Ingram hadn't already acted to its detriment by the time Kieran changed his mind, the Court concluded that he hadn't resigned and was free to keep his job.

Similarly, resignations arising from an ultimatum may be nothing more than a camouflaged termination. Where an employee is a given an ultimatum to either resign or be fired, courts have often decided the employee was fired. A true resignation is a voluntary action.

Even an obvious indication of an intention to resign does not make it so. In a fury, Susan Lelievre demanded a severance package, fired off emails announcing her last day of work, packed up her belongings and then left. Lelievre's employer, AIG Insurance, concluded that she had resigned. However, during the ordeal AIG demanded that Lelievre return all company property including her office keys and pass card. Since AIG treated Lelievre as having resigned before she left the office, it effectively fired her, ruled the court. Employees should be given the benefit of time to consider their actions and asked to confirm their intentions in writing. Lelievre had not been given that option.

A resignation, to become effective, does not actually require the use of that very word. The real test is whether an employee's actions are clearly consistent with someone voluntarily wishing to leave. I currently have two such cases. In one, the employee emphatically denies having uttered the words "I quit." In the other, she asserts that the employer wrongly attributed to her a statement indicating that she had resigned. In both cases, the employees came to work the next day as if nothing unusual had happened, which suggests they had no intention to leave. The conclusion to their cases will be, I suspect, based not upon the words used by my clients but on their actions and conduct at the time that those words were said — and afterwards. Nothing else ought to be dispositive.

Healthy Control Participants Needed for Multiple Sclerosis Research Study

The Ottawa Hospital | L'Hôpital d'Ottawa
Carleton UNIVERSITY

The purpose of the study is to understand how multiple sclerosis (MS) affects people's ability to think or perform mental tasks. This will be done by comparing performances on different tasks between healthy individuals who have not been diagnosed with MS and people who have MS.

Participants will complete tasks that measure how quickly you can process information as well as perform other mental functions. This will require 3 visits over a 3-year period to the General Campus of the Ottawa Hospital at times that are convenient to you. Parking expenses will be covered.

This study has been approved by the Ottawa Hospital Research Ethics Board and the Carleton University Research Ethics Board.

For more information & find out if you are eligible, please e-mail Lindsay Berrigan. lberrigan@toh.on.ca or call 613.737.7350 x.75621

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Insurance tips to help protect your business

Many factors to consider when choosing your policy

▶ Choosing the right insurance coverage may be the factor that makes or breaks a business.

With startup costs, personnel and cash-flow top of mind, most entrepreneurs wouldn't say that insurance is the first thing they thought about when starting a small business.

Even so, choosing the right insurance coverage may be the factor that makes or breaks a business. Whether it's a one-man operation or a larger company with 40 employees, having the right insurance makes sure company assets are protected no matter what happens.

"For a small business a comprehensive insurance policy is extremely important," says Shelley Toyota of RSA Canada. "Even a relatively small loss can drastically impact a small business if the right coverage is not in place."

RSA Canada offers a list of the top types of insurance that small businesses should consider:

Property insurance

This covers all physical assets related to your business. Look for a provider that offers flexible insurance that can be adjusted as your business grows.

Liability insurance

Having this type of coverage will protect you from being sued and any damages that result from legal action against your business or employees.

Business income insurance

If for whatever reason your business has a temporary shutdown, this type of insurance will cover the payroll and expenses by providing income on a regular basis.

Contents insurance

If your company is the subject of a burglary or vandalism, this will provide replacement funds to cover damages or losses.

Fleet insurance

Regardless of whether you have one vehicle or 20, a comprehensive fleet insurance package will assure that accidents will not result in damage to your bottom line.

Crime and Fidelity Insurance

Protect yourself from loss of money, securities, or property due to crime such as burglary and employee dishonesty.

Equipment Breakdown Insurance

Ensure you can cover the cost to repair or replace equipment damaged by a breakdown, or the loss of business income and the extra expense incurred to resume business, spoilage of perishable goods as a consequence of equipment breakdown. NEWS CANADA

more details

More information on insurance for small businesses is available online at rsagroup.ca.

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Kick bad habits to score school success

Implement good routine early or bad habits could sneak back

Now that the school year is underway, students — and parents — are settling back into the school groove. Unfortunately, some students can also find themselves settling back into bad habits from previous years.

"It's important to start the new school year off on the right foot," said Dr. Nick Whitehead, founder and CEO of Oxford Learning. "The habits that students develop in the early weeks can stick with them for the entire year."

According to Dr. Whitehead, the sooner that students make good school habits part of their daily routine, the more likely that they will keep these habits for the entire school year. The trick, he says, is to implement good school habits as soon as possible, or else bad habits can sneak back.

So how do parents and students implement good school habits for the entire school year?

Dr. Whitehead recommends that parents take out last year's final report card and review the teacher's comments.

"If there are school issues from last year that weren't addressed over the summer, it's likely that they will become problems again this year," he says. "Knowing what the challenges are, and getting help with these areas before they become issues, is a great way to avoid repeating bad habits."

Dr. Whitehead also recommends that parents reintroduce school-year routines such as limiting TV and computer time, setting bedtimes and wake up times.

NEWS CANADA

▶ Bad habits can lead to problems throughout the school year.

Bad habits

Five habits that ruin a school year:

1. **Oversleeping/Not Getting Enough Sleep.** Students of all ages need sleep. Research has shown that during sleep, the brain files and stores information learned throughout the day. Dr. Nick Whitehead, founder and CEO of Oxford Learning, says that not getting enough sleep can impair a student's ability to focus in class.
2. **Too Much Screen Time.** TVs, computers, and cellphones are distracting to students. Mounting evidence is showing that multitasking is not as good as was once originally thought. Accessing the Internet during homework time doesn't necessarily improve students' ability to work, and it can detract from their ability to focus on a single task for a period of time.
3. **Procrastinating.** From social lives to family responsibilities and extracurricular activities, students can be tempted to leave homework until the last minute. Too many distractions, not following a schedule, or not using an agenda can put homework at the bottom of the priority list. According to oxfordlearning.com, students can avoid last-minute scrambles and late-night cram sessions by making schoolwork a priority.
4. **Poor Nutrition.** Food is fuel—the better the quality, the better the performance. If children eat a sugary breakfast, or skip breakfast altogether, they run the risk of performing poorly in school. Without proper nutrition, students can tire out and lose focus. Students should focus on their teacher, not on their rumbling bellies.
5. **Not Getting Help.** According to Dr. Whitehead, one of the biggest mistakes that students make is waiting too long to seek help. Often it takes a call from the teacher or a failing grade before students seek support. At that point it takes more effort to correct the problem than if a student had asked for help at the "I'm-not-really-understanding-this stage."

University course is a thriller for zombie fans

Call it Zombies 101: The University of Baltimore is offering a new class on the undead.

The course is being taught by Arnold Blumberg, the author of a book on zombie movies, Zombiemania, and the curator of Geppi's Entertainment Museum, which focuses on American pop culture, according to The Baltimore Sun newspaper.

Students taking English 333 will watch 16 classic zombie films and read zombie comics. As an alternative to a final research paper they may write scripts or draw storyboards for their ideal zombie flicks. The university isn't the first to have a class on the undead. Columbia College in Chicago has offered a course on Zombies in popular media for years.

THE ASSOCIATED PRESS

Older teens giving up on school

A newly released study has found that one in five older Canadian teenagers were no longer pursuing a formal education in 2008.

The 20 per cent rate among teenagers aged 15 to 19 in Canada was higher than the average of 15 per cent across the 31 countries of the Organization for Economic Co-operation and Development (OECD).

Statistics Canada reports the OECD proportion was down from 20 per cent in 1998, but it remained stable at 20 per cent in Canada. THE CANADIAN PRESS

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Know when it's time to move on

How to transfer schools with style and ease

DREW HINSHAW
SCENE@METRONEWS.CA

Placing yourself in a choice college or university can be a numbers game, and if your grades or tuition veers off, your most frugal and strategic bet might be to transfer.

"A lot of people are going to ... colleges for their first two years," Bound For College Guidebook author Frank Burtnett says.

Plan ahead, and the transfer track can split by half the cost of matriculating through the alma mater of your aspirations. Meanwhile, time may transform you into a more competitive candidate. And while you're there, your choice school might just become as intrigued by you as you are by them.

"There is more interest among schools these days to get more transfer kids," remarks The College Solution author Lynn O'Shaughnessy.

"The big questions you should be asking are what kind of aid you're going to get and what credits will transfer."
LYNN O'SHAUGHNESSY

A few scattered transfer grants aside, however, that interest hasn't yet manifested into any appreciable increase in financial aid.

"Often the money you get as an incoming junior isn't as good as an incoming freshman," O'Shaughnessy says. "The big questions you should be asking is what kind of aid you're going to get, and what credits will transfer."

Don't let those questions linger unanswered. "If you have schools in mind, you need to call those schools and make sure you take the right subjects," O'Shaughnessy says.

And look for matriculation agreements between your college and universities. "That could mean automatic acceptance," Burtnett says.

Downside to change

"Transferring is not without its challenges," author Frank Burtnett notes. "You have to spend more time doing the orientation and figuring out the expectations of the new school."

Transfer students do well, demonstrating higher maturity, smarter time management and a clearer sense of purpose.
METRO WORLD NEWS

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4 sports

Venus in semis, last U.S. man out

Switzerland's Wawrinka knocks out American Querrey in five sets

Venus Williams is back in a Grand Slam semifinal. The year will end without an American man being able to make the same claim.

Stanislas Wawrinka beat Sam Querrey in five sets yesterday to put two Swiss men in a major quarter-final for the first time in the Open era — and keep the Americans out of that round in the U.S. Open for the second straight year.

After waiting out that nearly four-hour match, Williams defeated French Open champion Francesca Schiavone 7-6 (5), 6-4. It's her first Grand Slam semifinal since last year's Wimbledon.

Wawrinka won 7-6 (9), 6-7 (5), 7-5, 4-6, 6-4 to join a countryman whose presence this deep in a major tournament is just assumed: Roger Federer. Not so for Wawrinka. The 25-year-old had been 0-5 in the round of 16 at Grand Slams.

"Roger, he's always in quarter-finals since many years, so that's not something different," Wawrinka said. "But for me, it's my first time, so it's something important for my career."

The U.S. men, meanwhile, had at least one quarter-finalist at their home major each of the first 41 years of the Open era. That changed in 2009, and now it's happened again. This year goes down as the worst for American men in Grand Slam events. They had only one quarter-finalist at the four major tournaments: Andy Roddick at the Australian Open.

41
Seed position of Tommy Robredo, the lowest-ranked man left in the draw, before he lost to 12th-seeded Mikhail Youzhny yesterday.

"Yeah, you think about it," Querrey said when asked by a reporter about the U.S. drought. "I mean, you guys tell me that every day I'm in here. I didn't feel any extra pressure or anything. I definitely wanted to win and keep the American men, keep the hope going. You know, I was close."

Williams, seeded third, and the sixth-seeded Schiavone struggled to hold serve: There were nine breaks in 23 games. Williams failed to serve out the match in the second set, then proceeded to break the Italian to clinch the victory.

"It's not easy to play in these conditions," Williams said. "It's hard to know what decisions to make." THE ASSOCIATED PRESS

MARK HUMPHREY/THE ASSOCIATED PRESS

▶ Venus Williams reacts during her match yesterday.

Quoted

"It's refreshing, man, to go from the situation I was in and come here ... I'm coming to play with guys that are similar to me emotionally, the way they play the game and how they love the game."

FORMER SEATTLE RECEIVER T.J. HOUSHMANDZADEH ON SIGNING WITH THE BALTIMORE RAVENS. HE INKED A ONE-YEAR, $855,000 US CONTRACT YESTERDAY.

Woods named to Ryder team along with surprise

Tiger Woods was a no-brainer as a captain's pick for the Ryder Cup.

Rickie Fowler?

That required a little more than deep thought.

"It just came down to feelings," captain Corey Pavin said. "I had a gut feeling about Rickie."

Fowler, the 21-year-old mop top who only turned pro 11 months ago, made history yesterday as the first PGA Tour rookie on the American team and the first captain's pick to have never won on tour.

6
This will be the sixth Ryder Cup team for Woods, but the first in which he needed to be picked. Woods had finished first in the standings every time.

He was the only big mystery when Pavin announced his four picks at the New York Stock Exchange. Pavin also chose a pair of major champions, Stewart Cink and Zach Johnson, both of whom have played the Ryder Cup on the road.

The matches will be held Oct. 1-3 at Celtic Manor in Wales.

Fowler will be the youngest American to play in the Ryder Cup since Woods in 1997, but only the second-youngest player at Celtic Manor. Rory McIlroy, the 21-year-old from Northern Ireland, earned his way onto the European team.

THE ASSOCIATED PRESS

MICHAEL DWYER/THE ASSOCIATED PRESS

▶ Tiger Woods

JIL MCINTOSH/FOR METRO CANADA

▶ The 2011 Ford Escape Hybrid.

Escape to a greener driving experience

Hybrid version of Ford's bestselling compact SUV is handsome, practical and fun to drive ◐ Gasoline-electric system one of the best

JIL MCINTOSH
DRIVE@METRONEWS.CA

As fuel prices climb, many people are looking at hybrid-electric vehicles. One of my favourites is Ford's compact SUV, the Escape Hybrid.

Save for its badges and instrument cluster, it doesn't look much different from its conventional Escape siblings. It's what's inside that sets it apart. It uses a 2.5-litre four-cylinder gasoline, along with an electric motor and storage battery. You don't plug it in — such hybrids are coming, but aren't here yet — rather, Escape charges its battery while you're driving. Under the right conditions, such as low speeds or when full power isn't needed, it can run on electricity alone.

The electric motor can also boost the gasoline engine on acceleration, providing more power for less fuel. At a stop, the gas engine shuts off completely, so there's nothing coming out of the tailpipe at stoplights or in traffic. The lights, heater and stereo continue to work, and the electric motor restarts the engine, so there's no starter to wear out.

Available in both front- or all-wheel-drive, the Escape Hybrid starts at $34,899, while my top-of-the-line Limited AWD started at $42,299. That's $2,750 more than a Limited AWD with 3.0-litre V6 gasoline engine, which is one of the drawbacks of hybrids: they cost more, and you'll have to do the math to figure out if you're going to save enough in gasoline to make up the difference.

Escape's hybrid system works really well: it's pretty much seamless between gas and electric, its continuously variable (CVT) automatic transmission has none of the "rubber band" feeling these units can sometimes have, and the 7.5 L/100 km (38 mpg) that I averaged in everyday driving was much better than the 11.2 L/100 km (25 mpg) that I got in a regular V6 Escape.

The five-passenger seating is roomy, and the upholstery is made of 100 per cent recycled materials. The rear seats fold down to make a flat cargo floor that's up to 170 cm long.

The specs

2011 Ford Escape Hybrid

- **VEHICLE TYPE** Compact SUV Hybrid
- **PRICE** $34,899 - $42,299, as-tested $45,049
- **ENGINE** 2.5-litre four-cylinder with hybrid system
- **FUEL ECONOMY** City 6.6, hwy 7.3, as-tested 7.5
- **WHAT'S BEST** Hybrid system works well, comfortable interior, practical design

2011 Subaru WRX STI available in two body styles

Subaru Canada, Inc. has announced, that for the 2011 model year, the WRX STI is being offered in two body styles: five-door and four-door.

In addition to the new styling, the 2011 WRX STI features significantly revised suspension tuning and lighter 18-inch wheels for even sharper handling.

The WRX STI has been a recipient of continuous improvement since its introduction. Detailed chassis development, including testing on Germany's famed Nurburgring racetrack, has resulted in the best-handling Impreza WRX STI models Subaru has ever offered.

The 2011 WRX STI continues as the ultimate-performance Subaru with its high-boost 305 hp turbocharged/intercooled Subaru Boxer engine teamed with a six-speed manual transmission and the exclusive Multi-Mode Driver Controlled Centre Differential (DCCD) version of Subaru's Symmetrical Full-time All-Wheel Drive system.

▶ The 2011 Subaru WRX STI.

5 drive

In brief

A Swedish driver could be looking at a speeding fine of 780,000 euros after being caught driving at close to 300 km/h on a motorway in Switzerland. The motorist was doing more than twice the speed limit in his Mercedes Benz SLS, and suggested that his speeding was down to the "faulty" speedometer on his new car.
METRO WORLD NEWS

Scan code for more car reviews and news

Smart screens are here

▶ TFT screens could soon replace your traditional analogue dials

Display screens in cars are getting bigger and better They are being used in less expensive models

EMMA E. FORREST
TRAVEL@METRONEWS.CA
METRO WORLD NEWS IN LONDON

We're more used to seeing small, brightly-coloured screens in our laptops and cell phones, but now they're coming to our cars too.

At the moment, you're more likely to find the multi-coloured multimedia screens in the central dashboards of premium cars including Audis, BMWs and Mercedes.

These TFT — Thin Film Transistor — screens that show navigation, infotainment, driver-information systems and rear-view-camera displays were once the preserve of premium cars, but they're now becoming more democratic.

As people buy more smaller and more fuel-efficient vehicles, expect to see more of these multi-purpose screens in the dashboards of the Opel Corsas and Ford Fiestas of this world.

Most amazingly of all they are now migrating from the middle of the dashboard to a position in front of the driver, where the instrument cluster that includes speed, tachometer and fuel levels is.

A great example is in the Jaguar XJ where a 30cm, high-definition TFT screen replaces the traditional physical dials with a virtual display. The screen can show speed, revs, and fuel levels, temperature and so on, but is also a display area for the car's multimedia and infotainment systems, driver assistance systems and navigation map. It can even change look and colours according to what mode you're driving in, highlighted with dynamic red when you're in sport mode, for example. This reconfigurability means different information can be displayed at different times, something no analogue display can do.

And in the future? High-resolution colour TFT displays may yet take over the entire instrument cluster and dashboard and become the headline act for all the car's information systems. Large reconfigurable display screens will offer more room and more flexible functionality. The recent Mercedes-Benz SLS AMG E-Cell concept may yet be an accurate indicator of the way this technology will grow.

As the screens get cheaper to produce, they are set to get even larger. In the E-Cell concept almost the entire centre stack was a 25cm touchscreen such that the usual array of HVAC and audio switchgear was consigned to history.

There few challenges to how many ways the screen can be used is safety — obviously it's not a good idea to drive with loads of different pieces of information flashing up on your display.

The other is drivers' behaviour; according to reports most drivers feel more comfortable with old-fashioned 'real' dials and buttons rather than virtual ones. Maybe we're not as comfortable with the future as we think we are.

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Jag creates dream XJ to mark 75th anniversary

As part of the year long celebration of Jaguar's 75th anniversary the Jaguar design team created the XJ75 Platinum Concept, a one-of-a-kind design project that was on display at the Pebble Beach Concours D'Elegance Concept Car Lawn recently.

The XJ75 Platinum Concept is the company's first demonstration of the design customization potential of the striking new XJ luxury salon, emphasizing the Jaguar's dramatic interior and exterior styling themes.

Dominated by a striking white and black contrast theme that suggests precious platinum metal, the XJ75 Platinum Concept is a high-performance 470hp 2011 Jaguar XJL Supercharged equipped with new ground-hugging front, rear and side sills.

Painted satin matte pearlescent white, exterior chrome elements have been revised to either a dark chrome or gloss black.

Bespoke 22-inch wheels are black and use a brushed contrast finish. The contrast theme continues with gloss pearlescent white air vents, veneers and diamond stitch suede inserts to the seats and headliner, all set against the backdrop of a full Jet Soft grain leather interior.

Suede and leather accents are seen throughout the interior to further material enhancements.

Performance on the XJ75 Platinum Concept is derived from its 5.0-litre supercharged direct-injection V8 with 470 hp and 424 lb/ft of torque.

Entertainment is provided by a 1,200-watt Bowers & Wilkins surround sound system with 20 speakers powered through 15 channels and state-of-the-art sound processing technology.

FROM CARGUIDE

Auto Pilot

MIKE GOETZ
DRIVE@METRONEWS.CA

▶ Inside every car engine lie the secrets of torque and horsepower.

A TALE OF TORQUE AND HORSEPOWER

To describe the level of output in any given engine, we need to use two different measurement units: Horsepower, and torque. This duality has, in my opinion, created a monster.

Why do we need two different measurement units? Is one more important than the other? What is their relationship?

If you don't care about the answers to those questions, consider yourself lucky.

The rest of us are doomed to live in uncertainty. Because no matter how many lengthy explanations you hear or read, you can never be 100 percent sure you "got it," so atmospheric and ethereal are the elements and relationships of horsepower and torque.

So I realize that my following explanation may only add to the confusion, but something compels to try.

Torque is grunt — what you use to twist the lid open on a bottle of pickles. The actual dictionary definition is "twisting or rotating force." In automotive terms it's the "force" that ultimately turns the vehicle's drive wheels.

As an example, let's look at the most popular car in Canada, the Honda Civic; its 1.8-litre engine produces 128 lbs-ft of torque at 4,300 rpm. This denotes the maximum amount of torque that the engine can create, and fast that engine is revving, when it makes its maximum torque.

But it also produces 140 horsepower (hp) at 6,300 rpm.

This is where the fun starts. I think it's useful to ponder why horsepower ratings were invented in the first place — to give us an idea of how much work a "steam engine" could do, relative to a horse. So horsepower is a "rate" — how much torque can be delivered over a period of time.

For some reason, the amount of torque used for horsepower calculation has been set at 550 lb-ft per second. The rationale for that figure is explained somewhere in The Da Vinci Code.

So an engine's horsepower rating is tied to its torque rating.

But that doesn't necessarily mean you want an engine designed solely for maximum torque. Generally, to make an engine with a lot of torque (or force) means the engine will turn over (or rev) slowly. Think of the big, diesel engines in large ships — a lot of force is needed to turn their propellers. Engines like that huge torque numbers, and surprisingly low horsepower figures.

An engine that gives us big — but infrequent — power events is basically useless in a road-going vehicle. Better to have somewhat less torque, but have it delivered more frequently.

But you don't want things too rev-happy either, as most people prefer engines that have most of their torque available during a wide range of engine speeds.

Unless you're obsessed with top speed (horsepower-focused), or need to plough a field with a tractor (torque-focused), it then becomes an exercise in finding a compromise.

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Cross over to Murano

Nissan model popular among shopper with an eye for style
Known issues related to accessories

SECOND GEAR

JUSTIN PRITCHARD
DRIVE@METRONEWS.CA

When the Nissan Murano hit the road late in 2002, it offered distinctive styling in what would quickly grow to become a crowded marketplace full of similar crossover SUV models. Designed in California and riding the same platform as the Nissan Altima, Murano quickly became popular with shoppers with an eye for style.

All models got a 3.5 litre, 240-horsepower V6 engine and an available intelligent All Wheel Drive (AWD) system. A Continually Variable Transmission (CVT) was standard, and allowed the engine to operate more economically while enhancing smoothness and efficiency. This type of transmission has no gears to shift, and may feel 'funny' to some drivers until they get used to it.

Look for features like automatic climate control, a sunroof, heated power seats, Bose audio, a keyless ignition system, tinted windows and more. Navigation and a backup camera were available, too.

A full selection of safety gear was also on board, including four-wheel antilock disc brakes and both side and side-curtain airbags.

▶ The Nissan Murano was among the models that started the crossover SUV trend.

The specs

- **MODEL** 2003 to 2007 Nissan Murano
- **VEHICLE TYPE** Crossover SUV
- **APPROXIMATE USED PRICE RANGE** $9,500 to $25,000

What Owners Like

Styling, space, flexibility and on-board storage were rated most highly by owners of the Murano, followed by driving dynamics and ride quality.

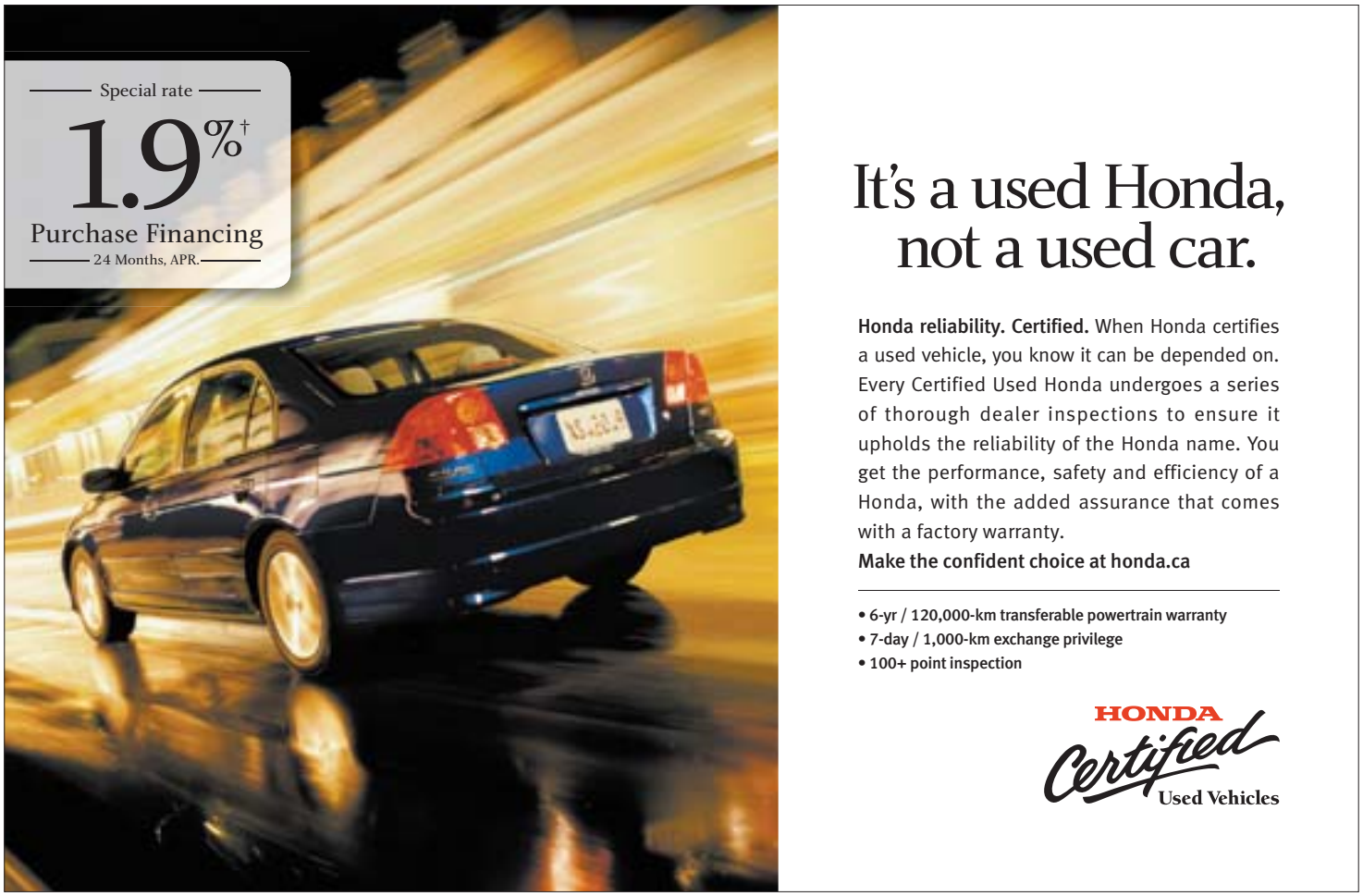
What Owners Hate

As it tends to go with crossover and SUV models, the most common owner-stated complaint deals with fuel mileage. Some owners wish for better fit and finish and a smoother ride on rough surfaces, too.

Common issues

Most of Murano's age-related issues seem to centre around smaller problems related to interior and exterior accessories.

Broken window motors, door handles and power seat motors have all been reported, so be sure to start your test-drive by thoroughly inspecting every electric and mechanical part of the vehicle's cabin.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INCLUDES $1,250 CONSUMER CASH,* FREIGHT, AIR TAX, TIRE LEVY AND OMVIC FEE. TAXES EXCLUDED. OTHER RETAILER CHARGES MAY APPLY.+

2010 Dodge Journey R/T AWD shown.‡

PLUS GET **0%†** PURCHASE FINANCING for 36 months

OR CHOOSE

$121 BI-WEEKLY @ A VARIABLE PRIME RATE OF **2.75%±** FOR 84 MONTHS

OR CHOOSE

CUSTOMER CHOICE FINANCING
$138 BI-WEEKLY @ **4.99%≠** FOR 60 MONTHS AND $0 DOWN
WITH THE OPTION TO RETURN AFTER 60 MONTHS

STEP UP FOR ONLY $16 MORE BI-WEEKLY WITH CUSTOMER CHOICE FINANCING

2010 JOURNEY SXT
- Trip computer with temperature and compass
- Leather-wrapped steering wheel with audio controls
- 16" Aluminum wheels

3.5L HIGH OUTPUT V6 24V MPI ENGINE

CASH DISCOUNTS OF UP TO $8,000

+Your local retailer may charge additional fees for administration/pre-delivery that can range from $0 to $1,098 and anti-theft/safety products that can range from $0 to $1,298. Charges may vary by retailer.

CHRYSLER Jeep® DODGE RAM

VISIT YOUR NEIGHBOURHOOD CHRYSLER, JEEP®, DODGE, RAM RETAILER. Dodge.ca/Offers

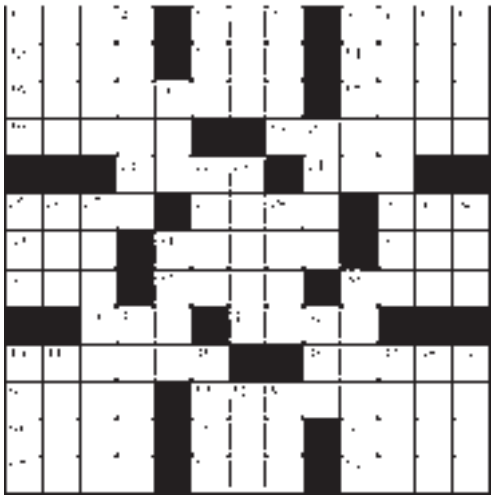
DODGE CARAVAN KIDS

SIRIUS SATELLITE RADIO

Wise customers read the fine print: • , ^, †, ±, ≠ & The New Fall Colours offers apply to retail deliveries of selected new and unused models purchased between September 1, 2010 and September 30, 2010 from participating retailers. Retailer order/trade may be necessary. Offers subject to change and may be extended without notice. See participating retailer for complete details and conditions. ≠$19,999 Purchase Price applies to 2010 Dodge Grand Caravan Canada Value Package (24F) only and includes $8,000 Consumer Cash Discount. $19,999 Purchase Price applies to 2010 Dodge Journey SE Canada Value Package (29F) only and includes $1,250 Consumer Cash Discount. See participating retailer for complete details. Pricing includes freight ($1,400), air tax, tire levy and OMVIC fee. Pricing excludes licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Retailer order/trade may be necessary. Retailers may sell for less. *Consumer Cash Discounts are offered on most new 2009/2010 vehicles and are manufacturer-to-retailer incentives, which are deducted from the negotiated price before taxes. Amounts vary by vehicle. See your retailer for complete details. ‡2010 Dodge Grand Caravan SXT/2010 Dodge Journey R/T AWD shown have a higher price than the 2010 Dodge Grand Caravan Canada Value Package/2010 Dodge Journey SE Canada Value Package advertised. See your retailer or go to www.dodge.ca for complete details. ^Based on January through June, 2010 R.L. Polk sales total registrations. ®SIRIUS and the dog logo are registered trademarks of SIRIUS Satellite Radio Inc. ™Jeep is a registered trademark of Chrysler Group LLC. Customer Choice Financing is a trademark of Chrysler Group LLC.

Wise customers read the fine print: •, ^, †, ±, ≠ & The New Fall Colours offers apply to retail deliveries of selected new and unused models purchased between September 1, 2010 and September 30, 2010 from participating retailers. Retailer order/trade may be necessary. Offers subject to change and may be extended without notice. See participating retailer for complete details and conditions. ≠$19,999 Purchase Price applies to 2010 Dodge Grand Caravan Canada Value Package (24F) only and includes $8,000 Consumer Cash Discount. $19,999 Purchase Price applies to 2010 Dodge Journey SE Canada Value Package (29F) only and includes $1,250 Consumer Cash Discount. See participating retailer for complete details. Pricing includes freight ($1,400), air tax, tire levy and OMVIC fee. Pricing excludes licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Retailer order/trade may be necessary. Retailers may sell for less. *Consumer Cash Discounts are offered on most new 2009/2010 vehicles and are manufacturer-to-retailer incentives, which are deducted from the negotiated price before taxes. Amounts vary by vehicle. See your retailer for complete details. ‡2010 Dodge Grand Caravan SXT/2010 Dodge Journey R/T AWD shown have a higher price than the 2010 Dodge Grand Caravan Canada Value Package/2010 Dodge Journey SE Canada Value Package advertised. See your retailer or go to www.dodge.ca for complete details. ^Based on January through June, 2010 R.L. Polk sales total registrations. ®SIRIUS and the dog logo are registered trademarks of SIRIUS Satellite Radio Inc. ™Jeep is a registered trademark of Chrysler Group LLC. Customer Choice Financing is a trademark of Chrysler Group LLC. Examples: 2010 Dodge Grand Caravan Canada Value Package (24F)/2010 Dodge Journey SE (29F) with a Purchase Price of $19,999/$19,999 financed at 5.99%/4.49% APR over 60/60 months with payments amortized over 96/96 months equals bi-weekly payments of $146.81/138 and one final payment of $4,846.85/5,273.19 for a cost of borrowing of $23,871.01/$23,256.37. Taxes, licence, insurance, registration, excess mileage and wear and tear charges, any dealer administration fees and other applicable fees and charges not included. Retailers may sell for less. See participating retailers for complete details. $2010 Dodge Grand Caravan SXT/2010 Dodge Journey R/T AWD shown have a higher price than the 2010 Dodge Grand Caravan Canada Value Package/2010 Dodge Journey SE Canada Value Package advertised. See your retailer or go to www.dodge.ca for complete details. ‡Based on January through June, 2010 R.L. Polk sales total registrations. ®SIRIUS and the dog logo are registered trademarks of SIRIUS Satellite Radio Inc. ™Jeep is a registered trademark of Chrysler Group LLC. Customer Choice Financing is a trademark of Chrysler Group LLC.

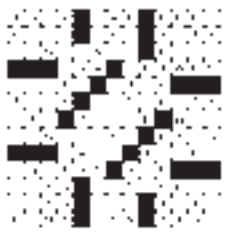
Crossword



Across
1 Hairless
5 Heidi's height
8 Bar room?
12 Pennsylvania port
13 Meadow
14 Colloquial greeting
15 Genius
17 Mid-month date
18 French composer Erik
19 Half a winter pair
21 Charlie Brown's expletive
24 Wire measure
25 Genealogy chart
28 Paper quantity
30 Peculiar
33 — generis
34 "Old MacDonald's Farm" refrain
35 Neither mate
36 Dowel
37 Jack of "Hawaii Five-0"
38 Wan
39 Owns
41 The Red and the Black
43 Missive
46 County of Ireland
50 Medley
51 Giving only two options
54 Artesian well?
55 "Hail!"
56 Ids' counterparts
57 Relaxation
58 Color
59 Jab

Down
1 Honey bunch
2 Carreras solo
3 Dryer buildup
4 Want
5 Hearty quaff
6 Maui memento
7 Brief pain spasm
8 Tex-Mex entree
9 Phantoms
10 Corrosive alkalis
11 Whip
16 Afternoon affair
20 Bullets, e.g.
22 Small combo
23 Prognosticators
25 Recipe meas.
26 Regret
27 The Reagan Era, pretty much
29 Staffer
31 Homer's interjection
32 Parched
34 Other-wise
38 Dormant
40 Expiate
42 Essen expletive
43 Earring locale
44 Director Kazan
45 Peruse
47 Jason's ship
48 Castle
49 Gaelic
52 Wall climber
53 Ball-bearing item

▶ Yesterday's answer



Sudoku

		9	6		7	2		
	6		9		1		4	
4								5
		8	4	7	3	5		
		7	2	1	6	4		
9								8
	4		7		8		5	
		2	3		5	9		

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

5	3	1	9	6	2	4	7	8
7	6	8	1	5	4	9	2	3
4	2	9	3	8	7	1	5	6
9	5	2	4	3	6	7	8	1
6	1	7	5	2	8	3	9	4
8	4	3	7	9	1	2	6	5
1	8	4	2	7	5	6	3	9
2	9	5	6	1	3	8	4	7
3	7	6	8	4	9	5	1	2

Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

Aubrey I just wanted to say I love you and let you know how proud I am of you for starting College. Good luck baby I hop you had a great firsr day and remember I will always be right here to help you along the way.
LOVE ANDRE

My Darling Sunshine, I'm so Proud of You n want you to know that you are an Amazing Lady n a True Blessing!! The past 4 months have been awesome with you in my Life!! Lets make it many, many more!
HUGS N KISSES FROM YOUR CHEF XOXO

POLSKI OGORKI!!!
here's to you making me smile for the last years. it's been too easy, fun and happy for it to not happen again in the future.
lovies and kissies
LOVIES AND KISSIES - YOUR YUCKYSOBA GRRRRL

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20
Today's new moon will help focus your mind on a single objective and before you know it you will be the one who everyone looks up to.

♉ Taurus April 21-May 21
What seemed such a difficult problem yesterday will have the simplest of solutions today. The only thing that has actually changed is your perspective, but in a magical way that changes everything.

♊ Gemini May 22-June 21
Later this month the Sun will move into the most dynamic area of your chart and your confidence will soar. However, you must deal with a domestic issue that threatens to spiral out of control.

♋ Cancer June 22-July 22 Not only will today's new moon make you feel more alive but with Venus moving into your fellow Water sign of Scorpio you'll be a real live wire when it comes to love and affection.

♌ Leo July 23-Aug.23 The most important thing now – in fact the only thing you should be thinking about – is getting your financial house in some sort of order. The new moon will help you make the right choices.

♍ Virgo Aug. 24- Sept. 22 The new moon in your sign makes this one of the best days of the year to launch new projects. Now is the time to do something about all those careful plans you've made.

♎ Libra Sept. 23-Oct. 23 You know that your life needs to change but you can't seem to make the final effort. Maybe you're not quite yet ready to give it your best shot.

♏ Scorpio Oct. 24-Nov. 22
Venus, planet of emotional and material values, moves into your sign for an extended stay today, and that's good news all round. Love and luck will be closely linked over the next few weeks.

♐ Sagittarius Nov. 23-Dec. 21 Have you got a new project lined up? Is it the kind of project that could make you rich and famous? If you have, now is the time to get started on it.

♑ Capricorn Dec. 22-Jan. 20
The new moon in Virgo will do wonders for your confidence and encourage you to make far-reaching changes to your lifestyle. If you get the urge to travel don't fight it.

♒ Aquarius Jan. 21-Feb. 18
You don't need to fear the future. You don't need to fear anything. Each and every human life unfolds according to a pre-ordained cosmic plan.

♓ Pisces Feb. 19-March 20
This is one of the best days of the year for partnerships of all kinds, but especially for affairs of the heart. Let your nearest and dearest know how much you love them.

SALLY BROMPTON

Caption contest

MARK TAYLOR/THE CANADIAN PRESS

WIN!

You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

CHRIS YOUNG/THE CANADIAN PRESS

"ONE OF THE BEST NEWS APPS"
"Really cool. Lets you read articles offline too!" – Real user review
The free Metro Canada application is available on the App Store.
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Available on the App Store
metronews.ca

Dare to BE the difference – Join Us!

THE SKI PATROL IS LOOKING FOR NEW MEMBERS

DO YOU LIKE TO SKI OR SNOWBOARD? INTERESTED IN LEARNING FIRST AID? YOU LIKE HELPING OTHERS? VOLUNTEER AND PAID OPPORTUNITIES AVAILABLE

My hands feel the sting

of the cold as I take my skis off the roof rack in an empty parking lot on a cold February morning. I mutter to myself, under my quite visible breath, "Why do I do this?"

I carry my gear into the patrol shack to see who else was foolhardy enough to show up this early. The old guys are getting their gear on. The young guys are slow moving and sleepy eyed, but are getting ready too. This year's recruits are fully dressed and bouncing around impatiently, waiting for the day to start. They remind me of myself a few years ago. The bottom line is, my friends are here, and I'm going to spend this day skiing with them. Maybe that's why I do it.

Twenty minutes before the hill opens to the public, we make our way past the line up of so called "die-hard" skiers waiting for the lifts to open, and load up, four by four to do our opening check. I've got my assignment for the morning; my team lead has me digging our toboggans out from under 20cm of fresh snow, and she's got me opening my favorite gladed run. I'm keeping the skiing public safe by cutting fresh lines through untracked snow, with the hill to myself. Maybe that's why I do it.

Nine thirty rolls around, and I meet up with a few other patrollers for a hot chocolate, and a greasy breakfast. We catch up on the week, and consume some tasty calories to keep warm up. Maybe that's why I do it.

Back on the hill, the radio crackles: one of my colleagues is treating a skier with a broken leg. I'm the closest, so I grab the toboggan and head for the scene. Within minutes, we have our patient warm and secure, and en route to hospital, bagged and tagged as we say. Despite the broken bone, our patient left in good comfort and good spirits. Maybe that's why I do it.

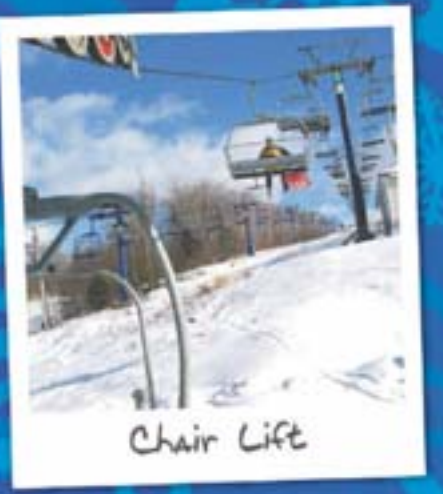
A few more tasks, a few more incidents... a downhill race to provide first-aid services for, a run to close due to hazardous conditions, a lost child to reunite with a parent, tracking down some kids skiing out of bounds. The usual, really, and then it's time to close the hill. I've got my closing assignment: turn over out toboggans in case we get any more snow, and sweep a mellow cruiser run to make sure no skier gets left behind. I'm alone at the top of the hill, the lift has stopped, the crowds are gone, and everything is quiet. One more run. Maybe that's why I do it.

I arrive back at the clinic to take my ski gear off. We're getting out of your yellow-and-blues and into our civvies, and the patrol leader is giving us a quick debrief of the day's events. We've all been through some tough work today, and we've all had some good fun, but we've done it all together, as a team, and as friends. We check into the main lodge for a little après ski. Maybe that's why I do it.

The next day, my hands feel the sting of the cold as I take my skis off the roof rack in an empty parking lot on a cold February morning. I mutter to myself, under my quite visible breath, "Why do I do this?"

– Ryan Falls

Guidelines


Chair Lift

Training for the Real Thing

COME TO OUR LAST INFO/REGISTRATION NIGHT

Thursday September 9th from 7pm to 10pm
at the Auld Dubliner & Pour House
at 42 Clarence St., in the Byward Market

or

JOIN US AT ONE OF OUR CLASSES TO SIGN UP

Tuesday, September 14th at 7pm (Tuesday/Thursday Classes)
at Merivale High School (1755 Merivale Rd)

or Saturday, September 11th at 8am
at CEGEP de l'Outaouais

gatineauskipatrol.ca

FACTORY AUTHORIZED

HYUNDAI™

CLEAR OUT

0% FINANCING FOR 84 MONTHS◊

2010 ACCENT GL 3DR

GL Sport model shown

OWN IT FOR ONLY **$170**† /Month at **0%** APR/84 Mo. with **$0** Down payment

BEST-SELLING SUBCOMPACT IN CANADA∞

• Air Conditioning • Power Windows/Locks/Mirrors
• AM/FM/Aux/CD/MP3 • Remote Keyless Entry with Security System

2010 ACCENT GL 4DR

GLS model shown

OWN IT FOR ONLY **$179**† /Month at **0%** APR/84 Mo. with **$0** Down payment

Dealer participation of $350 included.

2010 ELANTRA L

Limited model shown

OWN IT FOR ONLY **$179**† /Month at **0%** APR/84 Mo. with **$0** Down payment

Dealer participation of $500 included.

AWARD-WINNING COMPACT

2010 SANTA FE *BEST-SELLING IMPORT SUV IN CANADA*∞

JUST ANNOUNCED

0% FINANCING FOR **60** /Mo.◊

PLUS **NO CHARGE ALL WHEEL DRIVE** A $2,000Ω SAVINGS

Limited model shown

5 YEAR WARRANTY
100,000 KM
COMPREHENSIVE LIMITED WARRANTY††

SMART LEASE OFFERS ALSO AVAILABLE
Delivery, Destination & Fees are included in all prices. Plus HST.
Find the Hyundai that fits your life. Visit hyundaicanada.com for more details.

5-year/100,000 km Comprehensive Limited Warranty
5-year/100,000 km Powertrain Warranty
5-year/100,000 km Emission Warranty

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Pembroke, 613-735-5636

Bank Street Hyundai
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Harmony Hyundai
293 Pigeon St.
Rockland, 613-446-2220

Pathway Hyundai
1375 Youville Dr.
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400-2500 Palladium Dr.
Kanata, On 613-592-8883

GRADUATE REBATE PROGRAM

™The Hyundai names, logos, product names, feature names, images and slogans are trade marks owned by Hyundai Auto Canada Corp. ◊Finance offers available O.A.C. from Hyundai Financial Services based on new 2010 Santa Fe GL 2.4L 6-speed with an annual finance rate of 0% for 60 months. †Finance offers available O.A.C. from Hyundai Financial Services based on new 2010 Accent GL 3 Dr 5-speed/2010 Accent GL 4 Dr 5-speed/2010 Elantra L 5-speed with an annual finance rate of 0%/0%/0% for 84/84/84 months. Monthly payments are $170/$179/$179. No down payment is required. Dealer participation of $350/$500 for 2010 Accent GL 4Dr 5-speed/2010 Elantra L 5-speed is included. Finance offers include Delivery and Destination of $1,495/$1,495/$1,495 fees, levies, charges and all applicable taxes (excluding HST). Registration, insurance, PPSA and license fees are excluded. Delivery and destination charge includes freight, P.D.E., dealer admin fees and a full tank of gas. Financing example: 2010 Santa Fe GL 2.4L 6-speed for $25,895 at 0% per annum equals $431.58 per month for 60 months for a total obligation of $25,895. Cash price is $25,895. Example price includes Delivery and Destination of $1,760, fees, levies, charges and all applicable taxes (excluding HST). Registration, insurance, PPSA and license fees are excluded. ◊†Starting Prices for 2010 Accent GL 3 Dr 5-speed/2010 Accent GL 4 Dr 5-speed/2010 Elantra L 5-speed/2010 Santa Fe GL 2.4L 6-speed are $14,480/$15,180/$15,130/$25,895. Delivery and Destination charges of $1,495/$1,495/$1,495/$1,760, fees, levies, charges and all applicable taxes (excluding HST) are included. Registration, insurance and license fees are excluded. ΩPurchase or lease any 2010 Santa Fe model equipped with all wheel drive and receive a price adjustment of $2,000. Certain conditions apply. ◊†ΩOffers available for a limited time and subject to change or cancellation without notice. See dealer for complete details. Dealer may sell for less. Inventory is limited, dealer order may be required. ∞Based on the July 2010 AIAMC report. ΔSee your dealer for eligible vehicles and full details of the Graduate Rebate Program. ††Hyundai's Comprehensive Limited Warranty coverage covers most vehicle components against defects in workmanship under normal use and maintenance conditions.